LEWISBURG YOUTH
BASKETBALL LEAGUE

GRADES 5 & 6 RULES

Games will be played at the Middle School Gym and will adhere to the current PIAA rules.

Set-Up

Baskets will remain at 10 feet.
A 27.5 in basketball will be used in the Girls Division. A 28.5 inch basketball will be used in the Boys Divisions.
Players may not wear watches, jewelry, hats, etc., during play.
Each game will consist of four 6-minute quarters with a regulation clock in effect.
Two 60 second timeouts are allowed per team per game.
Coaches will be signaled when 15 seconds remain in order to get the teams back on the court to keep the game flowing.
There will be a halftime with a 3-4 minute break. Player instruction is the focus.

Playing Time

Player substitution: Players may be subbed in the following situations:
At end of each quarter (quarter breaks)
If a player gets injured
If a player fouls out of the game
No player will sit out for 2 consecutive quarters.
Balanced Playing Time: No player can play in their fourth quarter until all of their teammates are playing in at least their third quarter.

Defense

No full-court defense is allowed: The mid-court stripe is the boundary for application of defense.
Players have five seconds to inbound a ball.
Players have ten seconds to get the ball past the half-court line.
All defense shall be man-to-man defense. Zone defense is prohibited.
Full court pressure will not be allowed during the game

Overtime

If a game ends in a tie, a 2 minute overtime period will be played if this will not interfere with the games following it.
All players on the bench in the fourth quarter must play in the overtime period. Example: Team A with players 1,2,3,4, and 5, on the court for the fourth quarter and players 6,7, and 8, are on the bench ties Team B. In overtime, Team A must include players 6,7, and 8, and 2 other players selected from players 1,2,3,4, and 5.
Each team gets one 30-second timeout during overtime.

Conduct

It is expected that all coaches, players and fans will respect the officials. Remember, the officials are trying to help the league and they are HIGH SCHOOL STUDENTS and/or volunteers. If you are unhappy with the officiating, you can share with LYBL directors. We will gladly provide you with a whistle and schedule for the remainder of the season.

Any member of the Lewisburg Youth Basketball League who fails to comply with the rules of the program is subject to disciplinary action. Disciplinary action will be meted out at the discretion of the LYBL Board.

Possible sanctions include, but are not limited to:

A team member or coach may be suspended for one game.

A team member or coach may be suspended for the remainder of the season. In such an event, registration fees will not be refunded.

A fan can be ejected for the remainder of the game or for the remainder of the season.

Miscellaneous

The rules can be modified (or clarified) by the LYBL Board if deemed necessary for the betterment of league play.

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Two coaches on the bench per game

We expect situations to occur that we define as TEACHING MOMENTS. The officials have the discretion to teach rules, important concepts, and other situations that seem to be confusing to the players or impeding game flow or understanding of basketball on the floor. The intent will be instruction and learning.

Remember: This league is about learning and enjoying the game above all else.

As of January 7, 2025