



NCAR Sensei Network Sensei Profile

Name:	Carolyn Alter
Chapter/State/Time Zone:	Portland #47 / Oregon / Pacific Standard Time
School/Rank:	Ohara / 1st Term Master
Email:	bcalter@mac.com
Virtual/In-person/Both:	Both
Travel for Demos and Workshops (Y/N):	N
Kid/Youth programs (Y/N):	N
Additional Language:	N
Social Media/Website (optional):	Website Instagram @altercarolyn Facebook
Video example (optional):	Nature Into Life: A brief intro to creating Ikebana
Meet & Greet (optional):	via FaceTime or Zoom- email me to set up a time to meet
Mentoring:	Y
 Carolyn Alter began studying Ohara ikebana in 1993 with a Japanese sensei after seeing an Ikebana International show at the Portland Japanese Garden. She was immediately attracted to the beauty of the Ohara School's natural use of materials in low bowl style containers. Carolyn began teaching in 2012 opening Wednesdays Flowers. She teaches six days per month to students at a variety of levels. Carolyn is a member of the North American Ohara Teacher's Association and attends their annual conferences. She has chaired numerous ikebana shows, exhibited many arrangements and given demonstrations at various locations throughout Portland. Carolyn enjoys everything about nature including bird watching, hiking and astronomy. She is an avid gardener and has planted many materials useful for ikebana. She believes in the healing ability of nature and uses ikebana as a method to connect herself and her students deeply with nature and the beauty of Japanese culture.	