

To prepare and pack for camp, it would be helpful if you follow the suggestions below.

1. Pack everything in ONE suitcase and be sure the camper's name is on the outside. Be sure to include at least one garbage bag for wet or dirty clothing.
2. Medications must be in the original medicine container. (Only send 3-4 days of prescribed medication.)
3. Consider putting camper's name on towels or clothing.

Medication - Please place bottles in a plastic bag. Do not put it in your child's suitcase. Give to your youth leader so that medication can be given to medical staff at registration.

#### Clothing

- ☐ 3-5 sets of shorts and t-shirts (in good taste)
- ☐ One pair of long pants or jeans
- ☐ A sweatshirt or jacket
- ☐ Underwear
- ☐ Socks
- ☐ Pajamas
- ☐ Bathing suit or swim shorts (no bikini tops)
- ☐ Tennis shoes
- ☐ A second pair of shoes for creek walking
- ☐ Flip flops for the shower
- ☐ Hat
- ☐ Small bag to hold pool towel, creek shoes, and bathing suit

#### Toiletries

- ☐ Toothbrush and toothpaste
- ☐ Comb or brush
- ☐ Shampoo, deodorant and soap
- ☐ Sunscreen
- ☐ Bug spray or bracelet

#### Other items

- ☐ Reusable water bottle
- ☐ Sunglasses
- ☐ Chapstick
- ☐ Flashlight
- ☐ Bible, notebook, pencil/pen
- ☐ Washcloths
- ☐ Bath towel
- ☐ Pool towel
- ☐ Sleeping bag, sheets, and pillow

And your COLOR FAMILY gear - RED, GREEN, or BLUE!!

#### DO NOT BRING

Revealing clothing, fireworks, lighters, weapons of any kind (including knives), or tobacco products of any kind.

Do not bring gaming devices of any kind.

Do not bring food or soft drinks.

Personal cell phones are discouraged. Campers will be allowed to use youth leaders phones if necessary. If brought, phones are expected to be left in cabins and should not be out unless before breakfast at 8 a.m., during siesta (4-5 p.m.) or before lights out at 11 p.m. The campground and Cumberland Presbytery are not responsible for any damage to cell phones or electronic devices. \*\*Cell service is poor in this area since it is a forest!\*\*