



KENWOOD'S 3RD ANNUAL BRONCO RELAYS

MONDAY, MARCH 9th, 2026

SPONSORED BY



UNDER ARMOUR

MEET INFORMATION

Location: Dr. Conrad Worrill Track & Field Center at Gately Park - 10201 S Cottage Grove Ave, Chicago, IL 60628

Entry Fees: \$225.00 for one team (Boys or Girls); or \$450.00 both teams (Boys and Girls). Entries cannot be altered after registration is closed. Once registration is closed and fees are paid, no refunds will be given.

Entries: Participation is by invitation only. Invited teams will be granted 3 relay entries to use as they wish. Shot Put entries will be granted based on rank and limited to the maximum field size. Entry standards will be enforced and field sizes will be limited for each event. We are asking that coaches please be as honest and accurate as possible when estimating relay times for entries.

Entry Standards:

Boys 4x200m relay - 1:40.00	Girls 4x200m relay - 1:56.00
Boys 4x400m relay - 3:52.00	Girls 4x400m relay - 4:38.00
Boys 4x800m relay - 9:35.00	Girls 4x800m relay - 11:35.00
Boys Shot Put - Top 24	Girls Shot Put - Top 24

<https://www.athletic.net/TrackAndField/meet/623552>

Entry Deadline: **Entries are due by 12:00 PM CST on March 8th, 2026.** A combined list of accepted entries will be sent to coaches by Monday, March 9th, 2026.

Questions: Contact Kenwood Boys Head Coach Mike Runnels: merunnels@cps.edu

Participating Schools:

Burbank St. Laurence, Chicago Agricultural Sciences, Chicago Brooks, Chicago Brother Rice, Chicago DeLaSalle, Chicago Dyett, Chicago Heights Bloom, Chicago King, Chicago Lane, Chicago Marist, Chicago Mather, Chicago Prosser, Chicago Simeon, Chicago South Shore, Chicago St. Ignatius, Chicago St. Rita, Chicago Whitney Young, Crete C.-Monee, Deerfield, Dolton Thornridge, Harvey Thornton, Hillside Proviso West, Homewood-Flossmoor, Joliet West, Kankakee Sr., LaGrange Park Nazareth Academy, Lake Forest, New Lenox Lincoln-Way West, Normal Community, North Chicago, Oak Park Fenwick, South Holland Thornwood, Zion-Benton, and **Chicago Kenwood Academy.**



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- Spikes:** Athletes may wear ¼ inch exposed pyramid spikes in the fieldhouse. Spikes may NOT be worn outside of the fieldhouse (including lobby or restroom facilities).
- Blocks/Batons:** Starting blocks will be provided at the start line for all teams. No outside blocks will be allowed. Teams should bring their own batons.
- Team Camps:** Teams will be allowed to camp in the west bleachers of the fieldhouse. The infield will remain free from all camps. Coaches, please help enforce this rule.
- Staging:** Athlete Staging will be in the northwest corner of the track. All athletes must report to the staging area no less than 15 minutes prior to the start of their event to check in and receive hip numbers.
- Timing:** FAT Timing will be provided by LTtiming for all races. Coaches, please help keep your athletes clear of the finish line area. Hip numbers will be provided for each member of the relay. Numbers should be worn on the top left chest.
- Food/ Beverages:** Concessions will be available for spectators and athletes.
- Restrooms:** Access to restrooms for all athletes & spectators will be available just outside of the fieldhouse. Spikes must be removed before exiting the fieldhouse. There will be NO locker room facilities available for use.
- Awards/ Scoring:** Medals for 1st – 3rd Place Relay Teams.
- Warm-Ups:** The facility will be open for teams at 3:30 PM. The warm-up area is located at the north end of the facility near the scoreboard once field & running events have begun. Coaches, please help keep your athletes off the track during races.
- Trainer:** There will be a trainer available in the southeast corner of the field house.
- Admission:** Spectator seating is available in the east bleachers of the fieldhouse.
- Spectators:** Tickets are \$10.00 for Adults and \$5.00 for Students.
- Parking:** Located south of the Track & Field Center at Gately Park.
- Live Results:** Provided by LTtiming.com
- Event Apparel:** Event apparel will be available for purchase on site.



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ANTICIPATED SCHEDULE OF EVENTS

MONDAY, MARCH 9TH, 2026

**Dr. Conrad Worrill Track & Field Center at Gately Park
10201 S Cottage Grove Ave, Chicago, IL 60628**

all times are Central Standard Time

5:00 PM **FIELD EVENTS**

****Shot Put – 4 throws, no finals. ****

*****GIRLS TO IMMEDIATELY FOLLOW BOYS*****

Boys Shot Put **2 Flights of 12**

Girls Shot Put **2 Flights of 12**

5:00 PM **KENWOOD SENIOR NIGHT PRESENTATION**

5:30 PM **RUNNING EVENTS**

******All running events will be ordered Girls followed by Boys on a ROLLING SCHEDULE******

*******SECTIONS WILL RUN SLOWEST TO FASTEST*******

4x800m Relay	5:30 PM	2 sections Girls
	6:00 PM	2 sections Boys
4x200m Relay	6:30 PM	7 sections Girls
	7:05 PM	7 sections Boys
4x400m Relay	7:40 PM	6 sections Girls
	8:20 PM	6 sections Boys