



AMPLIFY

Personal Coach Services

Facilitated through Absolute Body Armor Health & Wellness Center

1 x 1 Personal Coach Services:

~ Hourly Rate - \$125 per session ~

- Discounts available for monthly 1 x 1 service plans ❖**
- Monthly 1 session per week: \$500/mo (\$115 per session*) ❖*
- Monthly 2 sessions per week: \$760 (\$88 per session*) ❖*
- Monthly 3 sessions per week \$1,080 (\$83 per session*)*

Group Coach Led Services:

~ Ages 7+ - \$75 per session ~

~ PeeWee Ages 3-6 yrs - \$100 per session

Discounts available for monthly group service plans - Ages 7+

- ❖ Monthly 1 session per week: \$300/mo (\$69 per session*) ❖ Monthly 2 sessions per week: \$600/mo (\$69 per session*) ❖ Monthly 3 sessions per week: \$900/mo (\$69 per session*)

Discounts available for monthly group service plans - Ages 3-6 yrs

- ❖ Monthly 1 session per week: \$400/mo (\$92 per session*) ❖ Monthly 2 sessions per week: \$700/mo (\$81 per session*) ❖ Monthly 3 sessions per week: \$1,020/mo (\$78 per session*)

Amplify Sports and Family Recreation Clinics

❖ \$250 per clinic

** Per session rate is annualized based on number of weeks per year*