



Our vision is to develop a community of reflective learners who advocate for themselves, others, and a just world.

COUNCIL/SAC MEETING AGENDA

November 21, 2024, 5:30 to 7:30 PM

[Google Meets Link](#)

Invite, Inform, Connect

In addition to its role as a vital governance mechanism, Council meetings offer an opportunity to nurture productive and strategic intentions aimed at serving the community at large. The goal of every council meeting should be for community members to leave feeling informed, inspired, and impassioned to contribute to fulfilling the school's vision and mission.

Items	Notes	Who	Time
Welcome	Mindfulness	JGBC/Travis L	5:30 (5 min)
Head of School Update	<ul style="list-style-type: none">Update on enrollment<ul style="list-style-type: none">Pink Sheet: 358Current:360Enrollment Plan for Next YearThoughts from Faculty	JGBC	5:35 (20 min)
Hawks Happenings	<ul style="list-style-type: none">ChangemakersS.C.O.P.E. visit	Mia (3/4) Rachel (5/6)	5:55 (15 min)
Committee Updates	See below	Committees	6:10 (25 min)
Budget Asks and New Business	<ul style="list-style-type: none">Replacement VacuumsFacilitator Training for Our Community \$1500-\$2000Policy for revisiting Council decisionsDeep for the Whole School 2x per year, Winter Break/Spring Break (Fundraised by parents) by a bonded commercial company not associated with the school community. (classrooms and common spaces NOT the kitchen)	Shoshana Romer Board GBC Travis Lockhart	6:35 (35 min) - 1 minute proposal -3 minute discussion - 1 minute vote
Adjourn	Thank you for coming!	Council Members	7:10



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5-Minute Mindfulness Practice

1. Find a Comfortable Space (1 minute)

- Sit or lie down in a comfortable position. You can close your eyes or keep them softly open with a downward gaze.
- Let your body relax. Take note of any tension in your muscles and release it. Let your hands rest in your lap or at your sides.

2. Focus on Your Breathing (2 minutes)

- Take a deep breath in through your nose, hold for a moment, and exhale slowly through your mouth.
- Now, let your breath find a natural rhythm. Pay attention to the sensation of your breath as it moves in and out. Feel your chest or belly rise on each inhale and fall on each exhale.
- If your mind starts to wander, gently guide your attention back to your breath.

3. Body Scan (1 minute)

- Shift your attention from your breath to your body. Start at the top of your head and slowly move down.
- Notice how each part of your body feels. Are there any areas of tightness, warmth, or discomfort? Simply observe, without judgment, and relax each part as you scan downward—forehead, neck, shoulders, chest, back, arms, legs, and feet.

4. Anchor to the Present Moment (1 minute)

- Focus on the present. Listen to the sounds around you, feel the surface you're sitting on, and notice the temperature of the air on your skin.
- Take a moment to mentally acknowledge, "I am here, in this moment." Let any lingering thoughts or distractions pass without engaging with them.

5. Closing the Practice

- Take one final deep breath in, and as you exhale, imagine releasing any remaining tension or stress.
- Slowly bring your awareness back to your surroundings. Wiggle your fingers or toes, and when you're ready, gently open your eyes.

Committee Updates

- **Wanna know what's happening and when?:**
 - Add the school's calendar to your iCal or GCal using this link:
https://ho8.bvsvd.org/calendar/calendar_602.ics



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- **Development Committee:**

- **What:** Oversees fundraising and marketing efforts. Parent volunteers work with the administration to develop campaigns to raise money for all of the extra programming that is unique to Horizons (e.g. Outdoor Ed, Winter sports, individualized learning support systems, etc.).
- **When:** The Development committee meets on the first Wednesday of the month at 2:30. ***Our next meeting is December 3rd, 2024 from 2:30pm - 3:30pm***
- **How to get involved:** If you are skilled or enthusiastic (or both!) about fundraising, marketing, and events planning, or if you'd like to help us meet our development goals in any way, we would love to see you at our next meeting. For more information on joining the Development Committee, contact the Assistant Head of School, Kristin Hauger at kristin.hauger@bvsd.org
- **Upcoming Events:**
 - **ARTastic Dec 6th**, 11am–3pm A Horizons tradition! ARTastic is in its 20th year. Our winter market is a wonderful place to get your holiday gift with 25% of proceeds coming back to the school.
 - ARTastic needs people to help set up on Thursday after school and help sell gift basket tickets. Reach out to horizonsartastic@gmail.com or sign up at helpatschools.com
 - **Colorado Gives** fundraising campaign November 1-December 10
 - **Save the Date Prom Rewind Auction & Gala** - Prom Rewind, Embassy Suites
 - Next Auction & Gala Meeting Nov 22nd - HUB (online option too)
 - [Ongoing Auction Planning Committee Meeting Dates](#)
 - Reach out to Hk8auction@gmail.com if you have sponsorship and/or auction/raffle donations or ideas
 - **Grant team (monthly meeting)** - grant writing 24/25 initiatives - Sustainability, education, community - community enhancements, intentional learning spaces and ongoing mental health resources
 - (outdoor area front of building, #bigkidstoo, charging station for EV vehicles, water-wise initiatives, etc.)
 - Pre-school recruitment video finished
 - **Social Media Committee**-Looking for people to create a robust social media presence for our school. Email hk8socialmedia@gmail.com for more info

- **Equity, Diversity, & Belonging (EDB):**



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- **What:** Parent volunteers meet with Faculty, and Staff once a month to develop plans for creating a more diverse and equitable environment for our community. Any and all community members are welcome!
- **When:** The EDB committee meets as needed
- **How to get involved:** We are always welcoming new members.. Please join us! If you are interested to join our email list of notifications of meetings and sharing ideas, please email hk8edb@gmail.com.
- **Events:** EDB hosts workshops, coffee connections, and book fairs, all to develop a sense of belonging and share perspectives we may otherwise miss.
 - We had a lovely Coffee Connections about **Food as a Bridge**. We shared food and learned its history. Very Cool!
- **Announcements:**
 - **Banned Book Club- [November](#)** We are reading Out of Darkness by Ashley Hope Pérez. Ashley Hope Pérez takes the facts of the 1937 New London school explosion, the worst school disaster in American history, as a backdrop for a riveting novel about segregation, love, family, and the forces that destroy people.
 - **Be the Change-[November](#)** Celebrate Native American Heritage Month! As we are having a school holiday for the Thanksgiving Break, let's take a moment to celebrate Native Americans who are the Indigenous People of the land we live on. There are resources on our website, and skylines, that give you guidance to share age appropriate information through books and visiting places locally. I hope you take some time to check them out and have a wonderful break spent with loved ones.
 - **Padlet**-Share ideas and insights on the books we are reading. EDB has created a [Link to EDB Banned Book Padlet](#) for all of us to share our thoughts and insights on these amazing books. You can find all the books from last year and the new books for this year. Share your thoughts and let's connect asynchronously! 6-8
 - **Save the Date!! [Taste of Horizons](#)** -Friday, January 28th. Join your Horizons Community for a night of getting to know each other a little better. Bring a dish, or tradition, that is significant to your family. One that represents a custom, special memory, or specific culture. Bring the whole family! We will have a meaningful art project that everyone can contribute to that will then be on public display at the school.
- **Horizons Community Group (HCG):**
 - **What:** A collection of Parent volunteers who help to plan events and promote a strong, vibrant, socially active community at Horizons. Liaisons are also under the umbrella of HCG. All are welcome!



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- **When:** The HCG/liaisons meet on the last Tuesday morning of the month. HCG hosts Coffee Connections which meets the first Friday morning of the month.
 - **How to get involved:** Fall Dance needs planners and “day of” volunteers. For more information go to helpatschools.com or email horizonscommunitygroup@gmail.com
 - **Upcoming Events:**
 - **Coffee Connections** Friday Dec 13th Community ~ Member Carrie Lingenfelter, host of podcast Heart to Heart Parenting, will host a workshop for our community. Tools for Raising Mindful Kids and Being Present.
 - **Knitting Club**-Friday Dec 20th ~ A community building group of parents and caregivers who create with yarn will commence one Friday morning a month from 8:30-10AM. All skill levels are welcome! Please bring your supplies for the knitting, crocheting, latch hooking, or macrame project that you are working on and let's connect. We will meet in the nook off of the cafeteria. Hosted by Nyssa Hoerner
 - **Save the Date-Pancake Breakfast** Jan 24th 7-8:30 More info on the HCG [website](#) Volunteer to shop, set up, flip and flap, and clean up [here](#)
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Concordance

What is it and why is it important?

The concordance model of decision-making and voting is used at all Horizons meetings council, board meetings, and faculty meetings. Concordance serves as an extension of the idea that clearly communicating with each other in a safe space allows for everyone to have a voice in the discussion. It allows for disagreement and exploration of alternate ideas fostering better mutual understanding and a more inclusive decision making.

The Concordance Voting Process:

- A valid motion is brought forth.
- A discussion regarding verbiage typically precedes the motion being seconded.
- Once a motion has been seconded, the voting members proceed with a vote.
- If unanimous agreement is reached, the motion passes.
- If unanimous agreement is not reached, those who are not in agreement are encouraged to present what they are objecting to and offer alternate solutions/amendments.
- Following a discussion, the original motion is often modified and the process repeats.