

## Justice For Society Magazine: Resources and Action Items

*Listed below are resources for further action and education from our issue.*

### **Issue #4: Gender Inequality: The Social Construct**

#### **Services**

Crisis lines for those affected by gender-based violence

(<https://cfc-swc.gc.ca/violence/knowledge-connaissance/info-en.html>)

Stop Family Violence

Man Therapy | [mantherapy.org](http://mantherapy.org)

“Man Therapy is an excellent tool designed to help men with their mental health.”

Men Get Depression | [mengetdepression.com/resources](http://mengetdepression.com/resources)

“Men Get Depression National Educational Outreach Campaign is an effort to increase knowledge, reduce stigma, and promote screening and treatment for depression and educate the public about depression and suicide risk.”

Kids Help Phone

Text Services: Text "CONNECT" to 686868 (also serving adults)

Chat Services: <https://kidshelpphone.ca/live-chat/>

[Youthspace.ca](http://youthspace.ca) (NEED2 Suicide Prevention, Education and Support)

Youth Text (6pm-12am PT): (778) 783-0177

Youth Chat (6pm-12am PT): [www.youthspace.ca](http://www.youthspace.ca)

Crisis Services Canada

Toll Free (24/7): 1 (833) 456-4566

Text support (4pm-12am ET daily): 45645

Canadian Crisis Hotline

1 (888) 353-2273

#### **Organizations**

CRCVS's extensive resource list

Canadian Women's Foundation | [canadianwomen.org](http://canadianwomen.org)

“The mission of CWF is to be a catalyst for the most innovative programs, policies, and public engagement efforts creating transformative change in the lives of women and girls in Canada.”

Women's Shelters Canada | [endvaw.ca](http://endvaw.ca)

“ShelterSafe.ca is an online resource to help women and their children seeking safety from violence and abuse. The clickable map will serve as a fast resource to connect women with the nearest shelter that can offer safety, hope and support.”

Ending Violence Association of Canada (EVA CAN) | [endingviolencecanada.org](http://endingviolencecanada.org)

“A national non-profit organization whose main purpose is to educate and respond to gender based violence at the national level.”

“ShelterSafe.ca is an online resource to help women and their children seeking safety from violence and abuse. The clickable map will serve as a fast resource to connect women with the nearest shelter that can offer safety, hope and support.”

### **BIPOC Specific Resources**

National Congress of Black Women Foundation | [ncbwf.org](http://ncbwf.org)

“For over 35 years, The National Congress of Black Women Foundation (NCBWF) has been an instrumental link in connecting people Black community members that include but is not limited to people from Africa, the Caribbean, Canada and America. The organization continues to promote and facilitate activities and programs that foster the advancement, recognition, health and education of Black women and their families.”

Native Women's Association of Canada | [nwac.ca](http://nwac.ca)

“The Native Women's Association of Canada (NWAC) is founded on the collective goal to enhance, promote, and foster the social, economic, cultural and political well-being of First Nations, Métis and Inuit women. NWAC is an aggregate of thirteen Native women's organizations from across Canada and was incorporated as a non-profit organization in 1974. Much like a “Grandmother's Lodge”, we as aunties, mothers, sisters, brothers and relatives collectively recognize, respect, promote, defend and enhance our Native ancestral laws, spiritual beliefs, language and traditions given to us by the Creator.”

Women's Legal Education & Action Fund | [leaf.ca](http://leaf.ca)

“LEAF is part of a national Legal Strategy Coalition on Violence Against Indigenous Women (LSC). The LSC is a nation-wide ad hoc coalition of groups and individuals formed in 2014 following the murder of Inuit university student Loretta Saunders, to marshal resources that address violence against Indigenous women. The LSC is engaged in legal advocacy and research to urgently address the critical issue of missing and murdered Indigenous women (MMIW).”

It Starts With Us | [itstartswithus-mmiw.com](http://itstartswithus-mmiw.com)

“Honouring the Lives of Missing and Murdered Indigenous Women, Girls, Trans and Two-Spirits. The intention of this page is a space for family members to honour the lives of their loved ones through personal stories, photos or other important aspects of someone's life, in hopes that this will balance the death related details the media tends to focus on. ISWU partners with:

*No More Silence (NMS)* aims to develop an inter/national network to support the work being done by activists, academics, researchers, agencies and communities to stop the murders and disappearances of Indigenous women.

*Families of Sisters in Spirit (FSIS)* is a grassroots not-for-profit volunteer organization located on unceded Algonquin Territory (Ottawa) led by families of missing and murdered Indigenous women and girls with support from Indigenous and non-Indigenous allies.

*The Native Youth Sexual Health Network (NYSHN)* is an organization by and for Indigenous youth that works across issues of sexual and reproductive health, rights and justice throughout the United States and Canada. Through their work, they recognize self-determination over our bodies is connected to how young Indigenous women, girls, LGBTTTQQIA\*, Two-Spirit, and gender non-conforming youth are/are not affected by all forms of gender based violence. Reclaiming sexuality on our own terms is critical in ending sexual violence.”

### **LGBTQ+ Specific Resources**

[Resources for LGBTQ2S and non-binary survivors of violence](#)

[Canada transgender resources](#)

[CPATH'S resource list compilation for Canadian trans healthcare](#)

[TRANSPULSE'S extensive Canadian LGBTQ resource list](#)

### **Educational resources**

[Resources on Gender-Based Violence and the COVID-19 Pandemic](#)

[Sexual Harassment and Misogyny Resource List](#)

[Black Women's Identity in Canada: Parting the Roots of Black Hair with Simone Wright](#)

[When Discrimination is About More Than Gender: The Village Bloggurls Tackle Race and](#)

[Gender-Based Violence](#)

[Men and Sexual Assault](#)

[Men Abused by Women Information Sheet](#)

[About Gender-Based Violence](#)