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Writing a Love Letter to a Place



Writing Workbook



The Open Book Company



Reflect a bit first. What is the place you have decided will get today's love letter? It can be an entire country, a city, a town, a street, a specific structure (office building/cafe/library) or even a specific room (kitchen in my first apartment).

Why does this place hold meaning for you?

Close your eyes or draw up this place in your mind and bring up your sense memories; describe it.

- What do you see, smell, taste, feel and hear?
- What are you reading and writing?
- What are you dreaming about?
- Who is there with you?

The things that happen to you or around you when you're IN a place can affect how you FEEL about the place. What transpired while you were there? Think about your interactions with family and friends. With yourself. Related to your work or engagements. Related to the broader community.

If you're still in the place, what will you take with you when you leave? If you've left, what is lingering? Is there anything you want to leave behind in the place?

In what ways has this place changed you?

Now, it's time to write your love letter. Use your reflections from the above to share your feelings with the place. Write to "it" as though it is a person, an old friend. What would you say? What would you want it to know? What have you realized about yourself through the lens of this place? What would you want to capture and remember?

Dear [PLACE]...