

Name of Meeting: UW DFMCH OB Faculty Retreat

Date of Meeting: September 2, 2025

7:30 a.m. – 12:30 p.m.

Venue: Institute for Zen Leadership

2540 East Mifflin Street; Madison, WI 53704

Agenda

Time	Торіс	Presenter
7:20	Breakfast, tea/coffee	
7:30 – 7:40	Welcome and Check-In	Bethany Howlett
7:50 – 9:00	Somatic Therapy and Healing	Ellen McKenzie
9:00 – 9:10	Break	
9:10 – 10:10	Cultivating Leadership: Case-based Discussions for enhancing FMOB	Jensi Carlson and
	faculty-resident interactions	Jennifer Svarverud
10:10 – 10:20	Break	
10:20 – 11:20	Community Agreement Reflections and Reimagining	Julia Yates
11:20 – 12:20	OB Workgroup Updates	OB Call Workgroup
12:20 – 12:30	Wrap up	Bethany Howlett
12:30	Lunch, available to eat-in or take away	

Notes:



DFMCH FMOB Community Agreements with 100% agreement by the group:

- Promote policies and procedures that enhance physician wellness and work-life balance
- Commit to developing and maintaining evidence-based FMOB practices (balancing organization standards and national guidelines)
- Foster an inclusive learning environment that promotes adult-learning and growth-mindset models

Community Agreements suggested by small groups WITHOUT 100% agreement by the group (ie, needed further discussion or clarification):

- Ensure all voices are heard. Seek consensus when making group decisions.
- Continue working towards shared expectations and making sure we are on the same page.
- Promote sustainable and joyful FMOB practices.
- Acknowledge the diversity of practice styles; support each other to align practice style with personal/professional priorities.