



Topic Summary

When the semester ends and group members disperse to their respective winter break activities, it does not necessarily mean that the group goes dormant until the spring semester starts. Ideally, the community formed over the fall extends into break as an important contact point for individuals who are often returning to contexts that present particularly acute challenges to their chastity.

As a leader, you want to leave the door open for your participants to connect with you and each other over break, and you also want to use this transition period as a time to reflect on your group and how the semester went.

Questions

- What was the most successful part of your group over the last semester? What didn't go as well?
- Are there any changes or improvements you hope to make as you think about leading your group next semester? What are some things you did well that you'd like to continue to do?
- What are some ways you can stay in touch with your participants over break? Do you sense that that might be helpful for them or do they mostly need the space and the rest a break provides?

Suggestions

- Consider sending messages in your group's chat throughout the break. This is an easy, low-effort way of making sure your participants know you're still praying for and thinking about them.
- If you're really ambitious and there's a desire for it you could even meet virtually once a week or bi-weekly over break. There are groups in the past that have done this and it has gone quite well, so it's a real option!
- Spend some time in your last few meetings discussing your group's expectations for communication over break. It can also be helpful to discuss the transition itself and to help them begin to think about the different challenges being at home will bring when it comes to temptation, downtime, and distance from the Wheaton community.