

POLICY AND PROCEDURE

REACH for Tomorrow

Community Integration Program

Recovery-Oriented Practice Policy

Policy Number: CI-ROP-025

Effective Date: 03/01/2026

Review Date: 03/01/2027

Responsible Party: Director of Medical & Clinical Services

Purpose

The purpose of this policy is to ensure that all services within the Community Integration Program at REACH for Tomorrow are delivered using recovery-oriented practices that promote hope, empowerment, independence, and meaningful community participation.

Policy

REACH for Tomorrow is committed to providing services that support recovery and personal growth. Recovery-oriented practices recognize that individuals with behavioral health conditions can lead fulfilling, productive lives and actively participate in their communities. Services emphasize strengths, resilience, and the individual's ability to direct their own recovery journey.

Recovery-Oriented Practice Principles

- Hope: Recovery is possible and individuals are supported in believing in their potential for growth.
- Person-Centered Care: Services are tailored to the individual's strengths, preferences, and goals.
- Self-Direction: Individuals guide their recovery process and participate actively in decision-making.
- Strengths-Based Approach: Interventions focus on abilities, resources, and existing supports.
- Peer and Natural Supports: Engagement of peers, family members, and community supports when desired by the individual.
- Respect and Dignity: Individuals are treated with respect, cultural sensitivity, and compassion.
- Community Inclusion: Services promote meaningful participation in employment, education, social activities, and civic engagement.

Implementation of Recovery-Oriented Practices

- Collaborative development of individualized service plans
- Support for independent decision-making and personal goal setting
- Encouragement of community participation and social connections
- Integration of life skills development and community engagement activities

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- Coordination with community resources that support recovery

Staff Responsibilities

All staff are responsible for incorporating recovery-oriented practices into service delivery, communication, and documentation. Staff receive training in person-centered care, strengths-based approaches, and community-based recovery support.

Documentation Requirements

Clinical documentation must reflect recovery-oriented practices, including the individual's goals, strengths, progress toward independence, and engagement in community activities.

Quality Monitoring

Recovery-oriented practices are monitored through supervision, staff training, chart audits, and quality improvement activities to ensure alignment with Community Integration standards and CARF requirements.

References

CARF International. (2025). Behavioral Health Standards Manual – Community Integration Services.