

Indraprastha College for women, Univ. of Delhi

WORK PLAN (November 02, 2022-February 16, 2023)

Course Name: BA Program

Semester: 1

Paper Code: DSC A 1

Paper Name: Theoretical Foundations in Human Development

Faculty: Namrata Puniya

Week	Theme/ Curriculum
1	Themes in Human Development: Nature and Nurture
2	Heredity and Environment
3	Continuity and Discontinuity
4	Individual Differences and Similarities
5	Psycho-Sexual Theory
6	Psycho-Sexual Theory (Cont.)
7	Psycho-Social Theory
8	Psycho-Social Theory (Cont.)
9	Biography of any one Theorist
10	Theory of cognitive Development
11	Socio-cultural Theory of Cognitive Development
12	Application of any one theory in real life situations
13	Ecological Systems and Learning Theory
14	Attachment Theory
15	Revision and Recapitulation of Theory
16	Revision and Recapitulation of Practical
...	

Readings/Reference Texts:

1. Newman, P.R., & Newman, B.M. (2015). Theories of Human Development. New York: Routledge
2. Rice, P. (2000). Human Development: A Lifespan Approach (4th edition). (and all further editions). New Jersey, Prentice-Hall Inc

3. Srivastava, V.N., Srivastava D.N. (2020). *Adhunik vikasatmak manovigyan*. Shi Vinod Pustak Mandir.
4. Allen, B.P. (2006). *Personality theories: Development, growth and diversity* (5th ed.) Needham Heights, MA: Allyn and Bacon