

Step 1 Study Strategies

- [Taus Method](#) [[FAQs](#)]

Step 1 Study Materials

- [USMLE Stereotypes](#)
- [Goljan 3rd Ed Errata](#)
- [First Aid 2011 Errata](#)

SMD14's Recommended Books and Resources [eventually these will be linked out]

General

- First Aid for Step 1: Gold standard resource for preparing Step 1 and helpful for identifying the most important information in your coursework. Contains helpful mnemonics. You should learn every word before Step 1.

Microbiology

- Clinical Microbiology Made Ridiculously Simple: Fantastic resource for learning micro. Contains all key bugs with the highlights of the infections they cause. Also contains useful mnemonics.
- BRS Micro flash cards

Physiology

- BRS Physiology: Great supplement to physiology resources provided in class.
- Costanzo Physiology: Excellent physiology textbook.

Pathology

- Goljan's Rapid Review Pathology: The value of this book cannot be overstated. The perfect resource for Boards-level pathology and a great supplement to Robbins.
 - His lectures are available for free download in the library (ask at circulation desk) and contain good explanations. Can be useful as early as MCM.
- [Webpath](#) (has a lot of good questions)

Pharmacology

- Lippincott's Illustrated Pharmacology: Great resource for highlighting the mechanism of action, indications, and major side effects of most classes of drugs. Some notes on specific members of each class (mostly gold standards and drugs whose use has been limited). Helpful for seeing the big picture when overwhelmed by the number of drugs and may be useful for basic pharmacokinetics/pharmacodynamics.
- BRS Pharm flash cards

Anatomy

- [UMich Anatomy](#) (has a lot of questions and pictures)

Immunology

Lange "review of medical microbiology and immunology"