

LORNE PARK SECONDARY SCHOOL
SHSM CO-OP

Students take part in planned learning activities outside the traditional classroom setting to allow for exploration of careers related to the **SPORTS SECTOR.**

Students have the opportunity to:

- Experience hands-on learning
- “Test-drive” career options
- See the relevance of their classroom learning
- Develop the essential skills and habits required in the workplace
- Gain valuable work experience that will help build a resume for post-secondary programs and future employment.

To complete SHSM with the Red Seal, students must complete at least 2 credits of Cooperative Education.

2 Credit Co-op requires students to complete 15-20 work hours per week at a placement for a 15 week period for a total of 220 hours. Students must first complete pre-placement classes in preparation for their work experience outside the school environment. Co-op classes cover topics such as: personal assessment tests, resume writing, interview skills, health and safety, employment standards, human rights, labour unions and economic trends in the workplace.

Peel District School Board Summer School 2 Credit Co-Op requires students to apply in March of the current school year. Not every applicant is guaranteed a spot. Priority is given to SHSM students and grade 12 students in need of credits to graduate with the OSSD. More information is available from the Lorne Park Secondary School Guidance Department.
(Head of Guidance: Mr. G. DeKleer)

SHSM 2-CREDIT CO-OP
OPPORTUNITIES

Our SHSM students have completed placements at the following locations:

- **Biosteel**
- **Clarkson Physiotherapy**
- **Gears Bike Shop**
- **Peaks Training and Therapy**
- **Lifetime Fitness**
- **ONE Health Club**
- **Ontario Racquet Club**
- **SWAT Health**
- **The Bike Zone**
- **The Root Natural Health Clinic**
- **YMCA Mississauga**
- **Other placements based on students' needs and interests**

We hope every SHSM student has the opportunity to link their SPORTS-SECTOR INTEREST with their Co-Op placements.