




THE MASTER WAR MODE DAY PLAN + REPORT




▶ The Mastery Checklist Explained to achiev...




✓/✗	D/10	I/10	/20	Master Checklist:	Task Time:
✓	10 ▾	10 ▾	20 ▾	Care for dogs	
✓	10 ▾	10 ▾	20 ▾	Announcements	
✓	10 ▾	10 ▾	20 ▾	Morning Power Up Call	
✓	10 ▾	10 ▾	20 ▾	Check Email	
✓	10 ▾	10 ▾	20 ▾	Watch Rapid Student Copy Review	
✓	10 ▾	10 ▾	20 ▾	100 pushups	
✓	10 ▾	10 ▾	20 ▾	Stretches	
✓	10 ▾	10 ▾	20 ▾	Review Student Copy	
✓	10 ▾	10 ▾	20 ▾	Review Swipe	
✓	10 ▾	10 ▾	20 ▾	100 Bodyweight squats	
✓	10 ▾	10 ▾	20 ▾	Research Top Businesses	
✓	10 ▾	10 ▾	20 ▾	Review Bootcamp Videos	
✓	10 ▾	10 ▾	20 ▾	Multivitamin	
✓	10 ▾	10 ▾	20 ▾	B Complex	
✓	8 ▾	10 ▾	20 ▾	Heat Back	
✓	10 ▾	10 ▾	20 ▾	Drink Gallon Of Water	
✓	10 ▾	10 ▾	20 ▾	Check Bank Account	
✓	10 ▾	10 ▾	20 ▾	Check Crypto Balances	
✓	10 ▾	10 ▾	20 ▾	Shower	
✓/✗	10 ▾	10 ▾	20 ▾	Spend time with Diana	

Start The Day With Tasks Valued 20 Then Move Down







Total Hours Planned In The Day: /24

	 DAY NUMBER + DATE + TIME 
Day Number:	20
Date:	08APR2023
Start Time:	15:00

	 3 Things That I Am Grateful To Have In My Life 
1.	B Complex
2.	My Job
3.	Clean Water

	 My Top 3 Priority Tasks That MUST Be Completed 
1.	Rapid Review Call
2.	Finally work out! (Back feels healed enough)
3.	Research Top Businesses

Hour-By-Hour Tracking: **[Plan+Measure=Improve]**

 Task:	 Task = Set The Task That I Intend To Complete This Hour?
 Sub-Task:	 Sub-Task = What Is My Plan Of Action To Complete This Task For This Hour?
 Reflection:	 Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

MY AFTERNOON WAR PLAN

 **What Do I Plan To Accomplish This Afternoon?** 

Learn more from Andrews lessons and apply them to my own life

 **What Is The Main Goal For This Afternoon?** 

Improving myself in the marketing field

 **How Will I Start My Afternoon With Power?** 

Walking the dogs

3 pm: Task \$

Dogs, Announcements, Morning Power Up Call

Intention 

Start the day off strong

Reflection 

Dogs walked, Announcements checked, PUC was great (wins vs. losses)

4 pm: Task \$

Check Email, Watch Rapid Review Call

Intention 

Check for new responses, Learn from RRC

Reflection 

No new emails, Learned a lot from the RRC about making the copy speak to their current state and actual desires

5 pm: Task 💰	Stretches + Push-Ups + Back Workout
Intention 🔔	Exercise and be healthy
Reflection ✍️	Stretches went great while watching 2nd rapid review call, Finally got to do some pushups and a light back workout! Healing is almost complete!

6 pm: Task 💰	Reviews and Research
Intention 🔔	Review swipe/student + Do research on top businesses
Reflection ✍️	Reviewed swipe.co and saw how ads were congruent with sales pages to provide a smooth flow. Researched Gucci, they play on being extremely high quality and luxury.

7 pm: Task 💰	Review Bootcamp Videos
Intention 🔔	Educate myself
Reflection ✍️	Reviewed some of the stage 1 videos

8 pm: Task 💰	Spend Time With Diana
Intention 🔔	Quality time
Reflection ✍️	



End-Of-The-Day Report:



 **What Did I Learn Today?** 

Congruence is very important from ads to sales pages

 **What Problems Did I Face In The Day?** 

Nothing!

 **How Will I Solve These Problems Tomorrow?** 

Same strategy

 **What Do I Plan To Do Differently Tomorrow?** 

Keep a tighter schedule

 **What Do I Plan To Do The Same Tomorrow?** 

Complete all tasks

 **Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With?** 

G's in the chats

 **What Tasks Were Left Undone?** 

NONE

Brain Dump: