

THE COOL BLOCK

INSPIRATIONAL START IDEAS



- "If you hear a voice within you say "you cannot paint", then by all means paint, and that voice will be silenced" --Vincent van Gogh
- "If you want to go fast, go alone. If you want to go far, go together." -- African Proverb
- "The journey of a thousand miles begins with a single step." -- Lao Tzu
- "Never doubt that a small group of thoughtful, committed citizens can change the world; indeed it's the only thing that ever has." -- Margaret Mead
- "We must attempt... to bring people back to... the warmth of community, to the worth of individual effort and responsibility... and of individuals working together as a community, to better their lives and their children's future." -- Robert F. Kennedy
- "Start where you are." -- Thich Naht Hanh
- "Grab a clipboard, get some signatures....and show up, dive in, stay in it. There will be times when the process will disappoint you." -- from President Obama's farewell speech
- "I am asking you to believe. Not in my ability to bring about change, but in yours." -- from President Obama's farewell speech
- "Yes, we can.." and.. Yes, you are! -- President Obama
- "Actual emergencies look more like people coming together than cities falling apart." -- SF72.org
- "Optimism is a strategy for making a better future. Because unless you believe that the future can be better, you are unlikely to step up and take responsibility for making it so."
- - Noam Chomsky
- The best way to predict the future is to invent it. -- Alan Kay
- Aspire to inspire before you expire. -- Boysie Bollinger
- You cannot depend on your eyes when your imagination is out of focus. -- Mark Twain

- Imagination is the beginning of creation. You imagine what you desire, you will what you imagine and at last you create what you will. -- George Bernard Shaw
- "Unless someone like you cares a whole awful lot, nothing is going to get better: it's not." -- Dr. Seuss
- "It always seems impossible until it's done." -- Nelson Mandela
- "Anything else you're interested in is not going to happen if you can't breathe the air and drink the water. Don't sit this one out. Do something. You are by accident of fate alive at an absolutely critical moment in the history of our planet." -- Carl Sagan
- "A true conservationist is a man who knows that the world is not given by his fathers, but borrowed from his children." -- John James Audubon
- Keep close to Nature's heart... and break clear away, once in awhile, and climb a mountain or spend a week in the woods. Wash your spirit clean. None of Nature's landscapes are ugly so long as they are wild. -- John Muir, conservationist & naturalist
- Fun YouTube video of one woman who made big changes :
[videohttps://www.youtube.com/watch?v=fVKC4Q6aSOY](https://www.youtube.com/watch?v=fVKC4Q6aSOY)
- Video from NASA: <https://www.youtube.com/watch?v=Dil7vMbSpn8&t=72s>
- Gratitude Video: <http://gratituderevealed.com/gratitude-lab-family/#video>
- David Attenborough's awe-inspiring 2 minute film set to the words of "It's a Wonderful World." <http://www.youtube.com/embed/auSo1MyWf8g?rel=0>
- Watch a short Ted Talk (pick a talk, any talk): <http://www.tedcity2.org/>