



DISTRICT 200
PHYSICAL EDUCATION DEPARTMENT
REQUEST FOR PHYSICAL EDUCATION SUBSTITUTION
(Students in Grades 9-12)



Athlete's Name: _____ Grade: _____

PE Class Period: _____ Physical Education Teacher: _____

Sport: _____ Season (Check One) ☐ Fall ☐ Winter ☐ Spring

Semester (Check One) ☐ Semester 1 ☐ Semester 2

School Counselor: _____ Due Date/Time: **8/28/26 @ 3:30 pm**

PHYSICAL EDUCATION SUBSTITUTION REASONS

A student in grades 9-12, may submit a request to the Physical Education Department Chair to be excused from physical education courses for the reasons stated below.

- Ongoing participation in a marching band program for credit*;
- Ongoing participation in an interscholastic or extracurricular athletic program (IHSA organized school-sponsored or school-sanctioned activities for students that are not part of the curriculum, not graded, not for credit, generally take place outside of school instructional hours, and under the direction of a coach, athletic director, or band leader)*;
- Enrollment in academic classes that are required for admission to an institution of higher learning; or
- Enrollment in academic classes that are required for graduation from high school, provided that failure to take such classes will result in the student being unable to graduate.

* A student seeking a substitution for an IHSA-sanctioned athletics or marching band will be assigned to study hall during their PE period.

SUBSTITUTION EXPECTATIONS

- A. At the end of the sports season, the student will return to their physical education class the day after the last scheduled event. If the student is removed from or quits the team, they will be expected to return to their assigned physical education class immediately.
- B. The semester grade of "B-/Pass" will be issued for the time the student attended their PE class. (Under this option, a student who earns at least a B- in the course will receive a grade of P. The grade will not affect the student's grade point average. For students who take this option and earn less than a B-, the actual grade earned will be considered final, and that grade will affect the students grade point average.)
- C. Students exempt from a winter sport must reapply at the beginning of the second semester and *report to their scheduled physical education class on the **first day** of the second semester.*

Sign & Return To Your P.E. Teacher at WHS No Later Than 8/28/26 at 3:30 PM
Sign & Return To Your P.E. Teacher at WNHS No Later Than 8/28/26 at 3:30 PM

Signing below signifies that I have read and agreed to the above conditions and responsibilities.

Student Signature: _____

Parent Signature: _____

Physical Education Teacher's Signature: _____