

Lisa says, "Obviously, I couldn't have committed the murder. I was at a meeting with push captains from some of the other buggy teams during that time, talking about good workouts. It went pretty well - we might form a buggy-wide group to advocate for pushers."

Here's what they talked about:

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"I think the best workout is to be the queen of beasts at this beastly school. Hunting for prey is what makes you really strong."

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"What strength do you mean? It is not the strength of guns or muscles. I think the best workout is to hold a really heavy book by your side, and lift it using only your shoulders."

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"Well, regardless of what you're doing, I think the best workout takes place in Langley, Virginia."

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"I'm not sure about where you should work out, but I think the best workout is definitely the kind that your employer pays for, as a perk besides your paycheck."

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"That sounds fantastic. In my experience though, the best workout is picking up odd jobs in order to help out your porcine parents."

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"I think the best workout is definitely the fourth of six events in the Army Combat Fitness Test."