

# Albee Healthy

Rockville, MD | 123-456-7890 | [iwellbe.healthy@gmail.com](mailto:iwellbe.healthy@gmail.com) | [LinkedIn](#)

## EDUCATION

**University of Maryland (UMD), College Park**

May 20XX

Bachelor of Science in Family Science, Minor in Disability Studies

### Honors and Awards:

- Summa Cum Laude, Cumulative GPA: 3.98
- Deans Outstanding Senior Scholar Award, Omicron Delta Kappa Leadership Honor Society
- College Park Scholars Program for Public Leadership

## PROFESSIONAL EXPERIENCE

**Certified Lead Peer Mentor** | *TerpsEXCEED, UMD* | College Park, MD | Jan. 20XX – May 20XX

- Created an inclusive on-campus environment for 20 students with intellectual and developmental disabilities (IDD) within educational, career, and social settings.
- Taught executive function skills including time management, organization, and task prioritization, to help diverse clients cope with challenges and independently perform daily tasks.
- Provided over 150 hours of mentoring support for TerpsEXCEED students with IDD and managed and advised a team of 15 new peer mentors to accelerate organization goals and maximize student support.

**Disability Support Professional** | *Disability Support Company* | Rockville, MD | Dec. 20XX – Jan. 20XX

- Crafted and implemented tailored support plans, regularly assessing progress, and adjusting strategies as needed for 35 clients.
- Employed strong communication and problem-solving skills in situations where the individual experienced difficult sensory overload, continually maintaining a positive and empathetic approach.
- Demonstrated knowledge of various assistive technology, such as communication boards, and other resources to support clients with various disabilities.

**Victim Advocacy Intern** | *Coalition Against Domestic Abuse* | Rockville, MD | Aug. 20XX – Dec. 20XX

- Conducted in-depth assessments of clients' needs, developed individualized service plans, and coordinated with various service providers, including legal, medical, and social support agencies, to ensure clients received comprehensive care and effective case management.
- Provided immediate crisis intervention services, ensuring the safety and well-being of survivors. Offered emotional support and facilitated access to emergency shelters, counseling, financial, and legal assistance as needed.
- Raised awareness about domestic abuse through community outreach initiatives. Collaborated with local organizations and agencies to strengthen the support network available to survivors.

**Programming and Membership Assistant** | *Main Street Connect* | Rockville, MD | June 20XX – Feb. 20XX

- Demonstrated attention to detail and resourceful in planning and executing weekly programming that fostered community, independence, and self-advocacy.
- Engaged local businesses and professionals to gather input on wellness and social programs for members as a step toward total inclusion in the greater Rockville community.
- Assisted 250 residents with the use of online database systems, such as Neon, to create membership profiles, track engagement, and organize member information.

## SPECIALIZED SKILLS & CERTIFICATIONS

**Technical Skills:** Microsoft Office (PowerPoint, Word, Excel) | Google Workspace (Drive, Doc, Sheets, Slides) | Canva | Neon – Nonprofit Data-Management | Apricot (For Case Management)

**Certifications:** Psychological First Aid June 20XX – June 20XX | CRLA Level II Certified Peer Mentor August 20XX – August 20XX | CPR/AED/First Aid April 20XX – April 20XX | Advanced Group Fitness Instructor Certification-Les Mills BodyPump | Adaptive Fitness for Clients with Special Needs