



CLASS DESCRIPTIONS

2025-26

(Classes are listed alphabetically)

Acting

Acting classes are designed to improve the student's technical skills (voice, diction, physicality) and introduce them to creating a character in a theatrical piece. Through improvisation and fun theatre games students learn the skills that they then apply in monologues and scenes. Students develop their ability to access emotion/action for characterization, increase self-confidence and experience the value of teamwork in a theatrical setting. These classes offer Parent Watch Weeks twice per year where parents are invited to watch their child in the studio setting during regular class.

Advanced Ballet

Twice a week, 1.5 hour classes for those advancing in ballet.

Ballet Tap Jazz

This program helps to build a child's development and confidence. Dancers will get a feel for all styles of dance.

Beginner Ballet

One hour class for ages 6-10. Fun introduction to the magic of ballet.

Broadway Dance

Broadway Dance is perfect for students who love Musical Theatre! The main focus in our Broadway class is to improve a student's movement technique while developing their ability to act through their dance. Class begins with a warm-up that focuses on jazz and theatre dance technique. The second half of the class works on a Musical Theater combination, sometimes original Broadway choreography or a level-appropriate variation. These combinations will cover a wide range of musical theater styles. This is a fun and welcoming environment that supports the theatrical fundamentals that are taught to all of our Yorktown Stage Kids and Just Dance students.

Hip-Hop

Hip-Hop is a high energy style that is great for all ages. It combines a variety of freestyle

movements into an upbeat routine. These classes are for dancers who like self-expression, physical challenges, and healthy competition. Exercises focus on increasing flexibility and strength, precision and creativity and find your own style

Honors Ballet

Honors Ballet should be for students in Intermediate/Advanced Ballet and Advanced Ballet. It is extra training in ballet and is important if they are planning on participating in Nutcracker or would like to audition for the Youth Dance Company in January.

Intermediate Ballet

Twice a week, 1.25 hour classes for ages 10-13. Includes pre-pointe preparation and beginning pointe for those who are ready. Some Intermediate students might be ready for a Saturday Honors Ballet. If there is an interest please speak to your ballet teacher at the beginning of the year.

Intermediate-Advanced Ballet

Twice a week, 1.5 hour classes for those advancing in ballet. Ages 13-16

Jazz

Jazz classes cover all styles of jazz. Students learn isolations, combinations, turns and leaps through the utilization of various styles of jazz such as Contemporary, Lyrical, & Broadway. Class consists of Stretch and Strengthening during warm up, as well as dance combinations and progressions.

Petite Junior & Senior Company

Company Classes are designed for the student who has a drive and passion for dance. Company is for students who will typically take more than two classes per week depending on their age and level. This class requires a stricter discipline of work ethics and higher level of technique mastered at said level of company. Technique and performance skills are part of the curriculum. This class also performs in our opening production number.

Lyrical

Lyrical dance will build up a dancer's technique and control in movements. Dancers will use their movements and facial expressions to convey storylines and emotions. Lyrical dance combines techniques of classical ballet and jazz, as well as some modern elements. This class will focus on barre work and proper technique, placement and style of lyrical dance. Students will build a technical dance foundation for students new and old to lyrical.

Modern/Contemporary

This class will begin with a ballet warm-up focused on ballet technique and basic modern skills. Students will practice a variety of modern combinations and apply ballet technique to contemporary choreography. A portion of each class is dedicated to floorwork and

partnering.

Saturday Jazz

Once a week class for one hour. Includes a variety of jazz styles (classical jazz, Broadway, Luigi, Fosse, etc.) Jazz enhances flexibility, quality of movement, and performance. Taught to a wide range of upbeat and energetic music with students learning a new jazz combination every few weeks.

Tap

Tap classes are for dancers who like rhythm, precision footwork, and creative styling. Tap is an energetic form of dance that focuses on rhythm and percussion. Exercises focus on building flexibility of the knee and ankles, coordination, and speed of movement. Classes will include across the floor exercises that teach dynamics, shading, phrasing, and musicality along with extended rhythmic phrases and improvisation exercises center floor. As students progress through each level, the curriculum will become increasingly more complex and intricate.

Technique Production

Dance technique classes are designed to improve the dancer's technical dance skills, abilities and performance quality. As well as to improve a dancer's range of motion, enhance muscle, flexibility and build core muscle strength. Technique is the basis of all fundamentals of dance, from holding your body correctly, to executing skills properly. Concentrating on technique will ensure a dancer's longevity, prevent injuries, build strength and flexibility and refine movement quality. Strong technique is important across all areas of dance. The Production is the routine that they will perform in at our end of the year recital. For example, this class will be a part of the opening performance of our show.