

FOR IMMEDIATE RELEASE

Postpartum Support International Hosts Annual Climb® Event in [City]

Community Gathers [June 23] to Raise Awareness for Perinatal Mental Health

[CITY, STATE], [Date] — Postpartum Support International (PSI) will host its annual Climb® event in **[City]** on June 23, joining communities worldwide in raising awareness of perinatal mental health disorders. Survivors, families, and mental health professionals will walk, hike, or stroll together to symbolize the collective journey out of the darkness of perinatal mood and anxiety disorders.

The **[City]** Climb will take place at **[Park/Venue]** at **[Time]**. Advance registration is encouraged at **[Go Fund Me hyperlink]**. Local businesses interested in supporting the event through sponsorships are encouraged to contact **[Climb Leader Name]** at **[phone]** or **[email]** and can make sponsorship payments at registration.

"It's an exciting time for The Climb as awareness grows for the mental health needs of new and expecting parents," said Wendy N. Davis, Executive Director of PSI. "Working together, we continue to strengthen the safety net for families worldwide."

Funds raised through The Climb support PSI's mission to provide education, resources, and professional training that improve perinatal mental health care globally. For more information, visit postpartum.net/theclimb or contact **[Climb Leader Name]** for local details.

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CALENDAR LISTING

WHAT: The Climb features hundreds of community events across the United States raising awareness of postpartum depression, anxiety, OCD, bipolar disorder, and psychosis.

WHERE: **[Location], [City, State]**

WHEN: Saturday, June 23 at **[Time]**

INFO: postpartum.net/theclimb | **Contact: [Name], [Phone], [Email]**