



Norcal Crew Parent/Guardian Code of Conduct

Norcal values its parents as partners in their child's sport. Rowing is very demanding, it is very technical and there are a lot of details your child might not share with you about choices their coaches make and why. It is important that the athletes are empowered to ask the questions directly to the coaches, it helps them be an active participant in rowing. The coaches value the questions, allowing the coaches to explain decisions and help the athletes excel. Every story has another side and the importance of asking questions to understand what is really happening is a great skill to teach our athletes. Norcal requires our parents to act and be responsible members of our community.

As a parent of a Norcal Crew rower, I understand that:

- It is a privilege, not a right, for my child to row for Norcal.
- Sportsmanship and fair play are essential to the sport of rowing and are important.
- Our children learn from our example, and we as parents need to exemplify the highest skills that our children learn from Norcal: level of sportsmanship by supporting all rowers, Coaches, board of directors and parents.
- Coaches are responsible for coaching our rowers and parents are asked to be supportive of our coaches' decisions.

Therefore, I agree to the following Parent / Guardian Code of Conduct:

- I will never use abusive behavior towards anyone involved in my child's club, or attending a rowing event, at any location.
- I will encourage good sportsmanship by demonstrating positive support for all rowers, coaches, volunteers, parents, and board members at all rowing events.
- I will not create a public display of anger towards coaches, players, and/or spectators at any event or via email, letter and/or phone calls to the club members/rowers.
- I agree to a 24 hour rule which states " no parent in a fit of frustration or anger over any rowing decisions, position, boat assignments or coaching decisions will contact the coach in any manner until the 24 hours has passed. "
- I will express any concern through proper channels in a respectful manner.
- Proper channels are to a coach, then head coach, and if the concern is still unresolved it can be brought to the attention of the Board of Directors for review.
- I understand that any parent who cannot abide by these rules or violates them will be subject to disciplinary action/dismissal from Norcal with no financial restitution.

This Code of Conduct will be in iCrew and must be agreed to on iCrew. All parents are expected to follow this code of conduct, whether signed or not.