

## **Terms and Conditions**

**Effective Date: 3/16/2025**

By opting in to receive SMS messages from Company ("Dr. Belon," "she," "her"), you agree to these Terms and Conditions (Terms).

### **SMS Messaging Service**

By sending a text message to Dr. Belon at 505-456-2929, I consent to receive SMS text messages from Dr. Belon at K. Belon, PhD, LLC for appointment reminders, and general two-way communication about your relationship with K. Belon, PhD, LLC. Message and Data Rates may apply.

### **Message Frequency**

You will get text messages responses to your texts unless you opt-out or decide to stop texting Dr. Belon, and while messaging frequency varies, you will likely receive messages pertaining to your account with us as you request. Dr. Belon will not send marketing messages to you. K. Belon, PhD, LLC reserves the right to alter the frequency of messages at any time to increase or decrease the total number of messages. Company and carriers are not liable for delays or undelivered messages.

### **Message and Data Rates**

Message and data rates may apply based on your mobile carrier's terms.

### **Privacy Policy**

Your information will be handled in accordance with our [Privacy Policy](#) which you can find on our website

### **Cancellation/Opt-Out Instructions**

You can opt out of receiving SMS messages at any time by discontinuing your text messages to Dr. Belon or by letting Dr. Belon know you would prefer to communicate through some other means.

### **Help/Customer Support**

Text, call, or email Dr. Belon with questions.

### **Liability**

Dr. Belon is not responsible for any charges, errors, or delays in SMS delivery or undelivered messages caused by your carrier or third-party service providers.

Dr. Belon's text message and phone service is HIPAA-compliant, however there are potential privacy risks associated with any form of electronic communication.

Dr. Belon's office hours are Monday – Thursday from 8-9:30pm. If you text Dr. Belon outside these hours you may only expect to receive a response during these hours. If you are experiencing a medical or mental health emergency, please dial 911. Conversations about discontinuing treatment are not recommended over text; please initiate these conversations during sessions with Dr. Belon or schedule a time to discuss over the phone.