

General Rules – Updated XXX:

1. Everyone in the building needs to have a waiver on file.
2. Everyone in the building under the age of 18 needs to have a waiver signed by a parent or guardian on file.
3. Posted policies and signs should be followed at all times, understanding that rules may change based on the needs of the business and we will do our best to keep you updated.
4. Conduct yourself as an ideal Paddie: safe, non-threatening, and encouraging in and OUT of the gym environment.
5. Ultimately YOU are responsible for your own safety and enjoyment. Rock climbing, yoga and weight training are inherently risky. We do our best to mitigate risks posed by equipment, but risks will always exist. Equipment fails, but more often humans fail. By continuing to use the facility, or allowing your child to use the facility, you acknowledge this fact.
6. Leave it nicer than you found it – help clean up trash or arrange the magazines.
7. Be a good neighbor - drive courteously and park only in our parking lot or on the street.
8. Do not come with a group of 10 or more without scheduling it with the management first.

Membership privileges:

1. Access is 24 hours a day, 7 days a week, that includes access on holidays and when the gym is unstaffed, occasionally we may have technical issues that prevent access, but we will do our best to make sure you have access. Some days the gym may be closed for maintenance to all, please respect that we attempt to limit this as much as possible.
2. Non-Members are welcome to visit during our staffed hours ONLY – bringing in a non-member outside of these hours subjects you to a fine, membership suspension, and/or outright ban.
3. Care for the facility whether staffed or unstaffed – save energy by turning off unnecessary fans, music, and lights at night; notify management of broken or unsafe situations on an incident form - there are QR codes posted.

4. Return items to the location you found them, cleaning as appropriate.
5. Report abuse of rules to management as soon as you see it.
6. Respect the staff at all times and follow their requests.
7. Access to employee-only areas is prohibited at all times.
8. The main entrance door should remain closed and locked outside of business hours. The door should never be propped open when our front desk is not staffed.

Intoxicants

1. You may not be intoxicated on the premises.
2. You will not condone intoxicants on the premises.

Dress Code:

1. No bare feet on any surface with the exception of studio spaces. Street shoes are not permitted on climbing walls. Climbing shoes may not be worn in bathrooms.
2. All climbers must wear a shirt or top that covers the chest. Shirtless climbing is not permitted. Bottoms must fully cover the buttocks and groin area and remain secure during movement.
3. Loose jewelry, rigid rings, or hoop earrings may be restricted if they pose a safety risk.
4. Clothing must remain secure during movement, be appropriate for athletic activity, and have no offensive graphics, hate symbols, or discriminatory language. If you have a medical or accessibility need that affects what you wear, please speak with staff for accommodation.

Kids:

1. Children under 14 are not allowed without adult supervision or unless excepted expressly by management.
2. Children under the age of 14 must have an adult clip them into the auto belay.
3. We consider unruly children the equivalent of unruly adults – you as a member should attempt to address the situation on your own before

contacting staff. Unruly children who do not respond will not be welcomed back.

4. Staff have authority to close access to specific walls to kids under six during busy hours.
5. No birthday parties unless booked 2 weeks in advance on our website. We reserve the right to turn people away that show up for a birthday party that is not scheduled.
6. If we have to ask you to watch your child more than once, we will ask you to leave. no refund.
7. If we have to ask your child to behave more than once, we will ask you to leave. no refund.

Animals

1. Only service animals performing a function for their handler (or in training with a professional) are allowed in the building. NOT emotional support animals. They must be restrained at all times.
2. Respect those who have allergies or fear of animals and make good choices.
3. Dogs may be restrained outside at provided tie-in points, if available.
4. Crated animals may be held in office spaces away from the public temporarily to protect them from weather, with management permission.

Climbing

1. Be aware of fall zones, stay out of them, and encourage others to be mindful of their spaces.
2. Each of the three climbing disciplines in the rope area requires their own certifications in our facility. These are top rope, lead, and autobelay.
 - We do not accept other gyms' certification.
 - Uncertified climbers are allowed to top rope with a certified belayer who ensures the figure-8 knot and harness are correctly worn.
3. Climbers in the roped areas should be properly equipped for their discipline: belay device and locking carabiner during belaying, approved harness for roped climbing.

4. Anyone belaying MUST have a The Pad ad issued belay tag on their harness displayed at all times.
5. Mock lead belaying is not allowed in our facility.
6. Bouldering in the rope room is allowed, but you may not go above the first bolt.
7. Anyone taking a top rope or lead test must be at least 14 years old. Exception: children under 14 must have previously trained with a Pad staff member (summer camp, youth team, or belay class) and have passed a test with front desk staff.
8. Top rope certified climbers may follow on lead climbs.
9. No down leading.
10. No skipping bolts.
11. No roped climbing during unstaffed hours.
12. Autobelays can be used only on routes designated with an autobelay tag.
13. The figure-8 knot is the only allowed method for tying in to climb.
14. Only commercially produced tube-style, and auto-assisting brake belay devices are allowed.

Climbing Gear Policy

1. We allow a variety of belay devices, but they must be designed for climbing and used correctly. We permit assisted- and semi-assisted-braking devices (e.g. Petzl GriGri, Edelrid Mega Jul, Black Diamond ATC Pilot) and tube-style devices (e.g. Black Diamond ATC, Petzl Verso). Figure-eight devices and Munter hitches are NOT allowed. Belay carabiners must be locking carabiners.
2. Harnesses must be manufactured for climbing by a reputable brand, properly fitted, and in good condition. Harnesses made for other purposes (e.g. tree climbing harnesses, rescue harnesses, caving harnesses, etc.) are not permitted. For lead climbing, you must have a harness with two tie-in points, which allows for redundancy and even load distribution.
3. Climbing shoes are mandatory. Street shoes, hiking boots, and bare feet are not allowed. Rental shoes are free for all climbers! Plus, they help you step on those smaller foot holds :)
4. Lead ropes must be dynamic, UIAA-certified, single rope rated and 30m minimum length. You are responsible for checking your own rope! Rental ropes are available at the Front Desk.

5. All types of chalk (loose, liquid, chalk balls, etc.) are allowed, but must be contained to minimize excess chalk in the air and on surfaces. Please use chalk responsibly to help maintain a clean climbing environment! More chalk is not always the answer.
6. Helmets are not required or provided, but can be worn in the facility if personal preference.
7. The Pad crew can disallow use of any equipment that does not meet the standards listed above, shows excessive wear, or is questionable in any way. This includes any soft gear that is showing visible fraying or damage or reaches 10 years of age, and any belay devices or carabiners that show deep grooves, sharp edges, cracks, or functional degradation.
8. All sales are final on personal safety equipment: for example, belay devices, harnesses, ropes.