Mendocino Coast Sea Dragons Travel Meet

November 22-22, 2026

CV Starr Community Center, 300 South Lincoln Street, Fort Bragg, CA

Host Team: Mendocino Coast Sea Dragons http://www.fastswims.com

What to do:

1. Enter your swimmer in the meet at http://www.fastswims.com
2. Book your room (Call 707-964-0221)
3. Plan to attend an All Team Dinner on Saturday
4. Attend practice and prepare for the meet

LODGING INFORMATION

Napa Valley Swim Team has a block of rooms reserved at **Harbor Lite Lodge**.

- All rooms in the block have 2 queen beds. If your family requires a different configuration, just let the front desk know and they will try to accommodate you.
- Rooms are blocked for Friday, Saturday, and Sunday. You do **NOT** need to stay 3 nights to reserve a block room. Just be sure to specify what nights you want to stay when placing your reservation.
- The rooms have two options: a view of the ocean/Noyo Harbor at $159/night or without a view for $149.
- To book your room and receive a 10% discount, **you must contact the hotel directly** (do not book online) to receive the reduced room rate. Use room block name: Napa Valley Swim Team when calling to book: (707)964-0221
- You have from now until Nov. 6 to book for this rate.
- Each family is responsible for payment of their room and any related costs of lodging.
- Staying at the Harbor Lite Lodge is not required. Families are free to make lodging arrangements at any facility they deem suitable.

TEAM DINNER

Team dinner will be hosted at Mountain Mike's Pizza. They are located at 740 South Main Street, Fort Bragg, CA. 95437. Dinner will be at 5:30 pm on Saturday. Families are responsible for placing their own orders and cost of food. Dessert will be provided by the team.

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TRAVEL POLICY

Napa Valley Swim Team's travel policy pertains mostly to older swimmers traveling without parents and under coach/chaperone supervision. Because this meet is intended as a family travel meet, please note the following guidelines:

- Every swimmer must be supervised by a responsible adult while in the hotel, at the team dinner and while at the pool facility. Coaches are responsible for athletes at the competition pool only.
- Our team code of conduct dictates that our swimmers display proper respect and sportsmanship toward coaches, officials, administrators, teammates, fellow competitors, and the public at all times. These expectations extend to parents as well while participating in a team travel trip.
- We ask that swimmers represent **Napa Valley Swim Team** in team apparel during the meet and when attending team functions. If you need team apparel, check our team store at http://www.swimoutlet.com. **We will have custom apparel soon too!**