

Shrimp, Zucchini, & Tomato Kebabs

Servings: 2

Ingredients

1/2 lb shrimp, peeled and deveined
1 medium zucchini, cut into 1/4 – inch half-moons
1/2 cup grape tomatoes
1 lemon
1/4 tsp salt
1/4 tsp pepper
Skewers
1/2 cup brown rice

Preparation

- 1) Preheat grill to medium-high heat.
- 2) Thread shrimp, tomato, and zucchini on skewers. Cut lemon in half and squeeze on top of skewers; season with salt, pepper, and thyme. Grill 4-5 minutes or until shrimp are opaque
- 3) Meanwhile, cook rice according to package directions. Divide among 4 plates and top each with skewers.