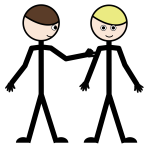


Name \_\_\_\_\_ Location: \_\_\_\_\_ Date \_\_\_\_\_ Time: \_\_\_\_\_

## Think Seat Sheet

I was not able to:



Have a  
Safe Body



Use Appropriate  
Voice Level or  
Kind Words



Follow  
Directions

What choice did you make that took away from your learning/safety or the learning/safety of others?

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I was feeling:

BLUE ZONE		GREEN ZONE		YELLOW ZONE		RED ZONE	

What can you do differently in the future to handle similar situations in a more respectful way?

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Which relationships were harmed through your actions and what steps can you take to mend these relationships?

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Now I feel:

BLUE ZONE		GREEN ZONE		YELLOW ZONE		RED ZONE	

\_\_\_\_\_  
Student's Signature

\_\_\_\_\_  
Teacher's Signature

\_\_\_\_\_  
Parent/Guardian's Signature

Teacher/Parent Notes: