

## Friday, May 29, 2026

- 7:30 am - 10:00 am      EEP Breakfast/session (Location: Cornerstone 308)
- 8:00 am - 12:00 pm      Registration Open
- 8:00 am - 9:00 am      Supporting Team USA: Optimizing Athletic Training for NGB  
and USOPC Opportunities (Location: Cornerstone 131)  
Edward Strapp, FPC, TPC, NRP, LAT, ATC  
  
(Moderator: TBD)
- 8:15 am - 8:45 am      Post-Professional Pathways: A Comprehensive Look at  
Athletic Training Fellowship and Residency Programs  
(Location: Cornerstone 301, Synchronous Live)  
Steven Boyton, MS, ATC, LAT, ATC  
  
(Moderator: TBD)
- 8:15 am - 9:15 am      BOC Continuing Professional Certification Program  
(Location: Celeste Theatre)  
Heather Collins, MLS  
  
(Moderator TBD)

- 9:30 am - 10:30 am      Clinical Considerations for Transgender and Gender Diverse Patients in the Secondary School Setting: The AT's Perspective (Location: Cornerstone 131)  
Kevin Schroeder, DAT, LAT, ATC, FNAP & Amy Schork, LAT, ATC  
  
(Moderator TBD)
- 9:30 am - 10:30 am      Be the Light: How Leadership Styles Shape Burnout in Athletic Trainers (Location: Celeste Theatre)  
Lauren Walsh, PhD, AT, CSCS  
  
(Moderator: TBD)
- 11:00 am - 11:45 am      ATs in the COPA Setting: Meet and Greet Discussion (Location: Cornerstone 308)  
  
David Gallegos, MA, ATC, CERT. MDT  
  
(No Moderator)
- 10:30 am - 11:30 am      Improving Your Documentation Practices with Quality Improvement: Strategies and Resources (Location: Celeste Theatre)  
Sara Nottingham, EdD, LAT, ATC  
  
(Moderator TBD)
- 11:45 am - 12:45 pm      **Honors Luncheon** (Location: Main Space)
- 1:15 pm - 2:15 pm      **Awards Ceremony** (Location: Celeste Theatre)

2:15 pm - 3:15 pm      What to Do Before Shots Are Fired: Designing an Emergency Action Plan for an Active Shooter Incident at Your Institution (Location: Cornerstone 131)  
Edward Strapp, FPC, TPC, NRP, LAT, ATC  
(Moderator TBD)

2:15 pm - 3:30 pm      **RMATA Meeting** (Location: Celeste Theatre)

3:30 pm - 4:30 pm      **NATA Update** (Location: Celeste Theatre)  
Valerie Herzog, EdD, LAT, ATC and Mollie Pillman, MS, MBA, CAE

5:00 pm - 5:45 pm      State Meetings  
  
Arizona (Cornerstone 102)  
Colorado (Celeste Theatre)  
New Mexico (Cornerstone 301)  
Utah (Cornerstone 131)  
Wyoming (Cornerstone 308)

6:00 PM - 8:00 PM      Exhibitor's Social (Location: Main Space)

## **Saturday, May 30, 2026**

8:00 am - 12:00 pm      Registration Open

8:00 am - 9:00 am      Advancing Clinical Reasoning: The Power of Reflective Practice and Feedback (Location: Celeste Theatre)  
Corey Oshikoya EdD, LAT, ATC  
(Moderator TBD)

- 8:00 am - 5:00 pm      **Pre-Paid Workshop** - Critical Incident Stress Management (CISM) by NATA ATs Care (Location: Cornerstone 301)  
Mark A. Cairns, LAT, ATC, PRC, CCISM
- 9:00 am - 12:00 pm      Exhibit Hall – Certified Athletic Trainers Only (Location: Cornerstone Main Space)
- 9:15 am - 10:15 am      An Evidence-Based Approach in Managing Traumatic Brain Injuries for the Employee and Employer: How to Navigate the Return-to-Work Process (Location: Celeste Theatre)  
Rich Bomgardner, EdD, LAT, ATC  
(Moderator TBD)
- 9:15 am - 10:15 am      **Workshop** - Craniosacral Therapy Applications for Whiplash and Cervical Pain (Location: Cornerstone 102)  
Fred Stahlman  
(Moderator TBD)
- 10:30 am - 11:30 am      Concussion in the Performing Arts Are Taking Center Stage: Current Literature and Emerging Clinical Guidance  
Allyssa Memmini, PhD, LAT, ATC (Location: Celeste Theatre)  
(Moderator TBD)
- 10:30 am - 11:30 am      Sports Specialization's Impact on the Female Adolescent Athlete (Location: Cornerstone 131)  
Sierra Reich, MS, LAT, ATC  
(Moderator TBD)

- 11:45 am - 12:45 pm Hydration for Performance: A Guide to Sports Beverage Composition and Use (Location: Celeste Theatre)  
Veronica Hindle, MS, RDN  
(Moderator TBD)
- 11:45 am - 12:45 pm **Workshop** - Management and Therapeutic Intervention for Chronic Exertional Compartment Syndrome; A Hands-On Approach (Location: Cornerstone 102)  
Nicholas Cole, LAT, ATC, CSCS  
(Moderator TBD)
- 1:00 pm - 4:00 pm Exhibit Hall – All Attendees (Location: Cornerstone Main Space)
- 1:00 pm - 4:00 pm CATA Secondary School Live Podcast (Location: Cornerstone 102)
- 1:30 pm - 2:30 pm Sleep Quality, Travel, Fatigue, and Performance: A Systems-Based Approach (Location: Celeste Theater, Asynchronous)  
Whitney Smith, DAT, ATC, LAT  
(Moderator TBD)
- 1:30 pm - 2:30 pm Beyond the Basic: Bettering the Athletic Training Profession through Volunteerism (Location: Cornerstone 131)  
Sydnee Jensen, MAT, LAT, ATC  
(Moderator TBD)
- 1:30 pm - 3:15 pm Free Communications Oral Presentations (Location: Cornerstone 308)

- 2:45 pm - 3:45 pm Navigating the Revised Return to Sport Strategy Following Concussion (Location: Celeste Theatre)  
Tamara McLeod, PhD, ATC, FNATA, FNAK, FNAP  
(Moderator TBD)
- 2:45 pm - 3:45 pm Mentorship Within Athletic Training Programs (Location: Cornerstone 131)  
Alli Powell, DAT, LAT, ATC  
(Moderator TBD)
- 3:30 pm - 5:45 pm Secondary Schools Athletic Trainers' Round Table (Location: Cornerstone 308)
- 4:00 pm - 5:00 pm Many Faces of Chest Pain (Location: Celeste Theatre)  
Ian McLeod, PhD, ATC, FNATA, FNAK, FNAP  
(Moderator TBD)
- 6:00 pm - 8:00 pm Cornhole Tournament & Food Trucks (Location: Lot C-2)

## **Sunday, May 31, 2026**

- 8:00 am - 9:00 am Registration Open
- 8:00 am - 9:00 am Creating Hands-On Experiences Within the AT Profession for Undergraduate Students Wishing to Pursue a Graduate Degree in Athletic Training (Location: Celeste Theatre)  
Glenn Edgerton, EdD, LAT, ATC & Jim Turk, LAT, ATC  
(Moderator TBD)
- 9:15 am - 10:15 am How Adults Have Changed Children's Sport, and the Consequences of Those Changes for Children (Location: Celeste Theatre)  
Kristi Erdal, PhD in Clinical Psychology

(Moderator TBD)

10:30 am - 11:30 am

Concussion Biopsychosocial Model (Location: Celeste Theatre)

Brittney Millett, MS, LAT, ATC

(Moderator TBD)

11:30 am - 11:35 am

Closing Remarks