



## Bergamot Essential Oil

Bergamot (Calabrian) Essential Oil is derived from the fruit of the *Citrus bergamia* tree that can reach up to four meters in height. This tree is distinguished by its star-shaped flowers and smooth, glossy leaves. The fruit it bears is unique, resembling a cross between an orange and a grapefruit, yet with a distinct pear-like shape. As the fruit matures, it transitions from a vibrant green to a rich yellow, signaling its ripeness.

The name "Bergamot" is steeped in history, tracing back to the city of Bergamo in Lombardy, Italy, where this precious oil was first introduced to the world. Today, Bergamot Essential Oil, particularly from the Calabrian region, is celebrated for its exceptional quality and versatility, making it a staple ingredient in aromatherapy, skin care, and more.

Botanical Name: *Citrus bergamia*

Plant Part: Fruit Peel

Main Constituents: Limonene: 30 - 45%, Linalyl acetate: Min 20%, Linalool: Max 15%

Origin: Italy

Processing Method: Cold Pressed

Color/Consistency: A thin, light yellowish green to yellowish brown liquid.

Aromatic Summary / Note / Strength of Aroma: The aroma is basically citrus, yet fruity and sweet with a warm spicy floral quality, and is reminiscent of Neroli, giving a middle note of medium strength.

Blends Well With: Black Pepper, Clary Sage, Cypress, Frankincense, Geranium, Jasmine, Mandarin, Nutmeg, Orange, Rosemary, Sandalwood, Vetiver, and Ylang-ylang.

## **BENEFITS**

Calabrian Excellence: Harvested from the sun-drenched coastal region of Calabria, Italy, Bergamot Essential Oil is renowned globally for its superior quality. With its fresh, citrusy aroma, this oil offers a sensory connection to its Italian origins.

Massage Marvel: When blended with a carrier oil like jojoba or almond, Bergamot offers an aromatic experience that is both uplifting and deeply comforting, helping to melt away tension and promote overall well-being.

Silky Strands: In hair care, Bergamot (Calabrian) Essential Oil is a staple due to its ability to enhance the natural sheen and manageability of hair, leaving strands looking vibrant and healthy with consistent use.

Skin Care Versatility: Known for its balanced profile, Bergamot (Calabrian) Essential Oil is a key player in skin care formulations, where it works to harmonize the skin's natural oil production. Its cicatrizing properties help to even out the skin tone, promoting a smooth and radiant glow.

## **DIRECTIONS AND USES**

- **Glowing Skin Solutions:** As a toner, Bergamot Oil cleanses pores and strengthens skin tissues, making it ideal for balancing oily skin and reducing the appearance of scars. Use at approximately 0.5-1% in your skin care products. Before scaling up to commercial production, ensure thorough testing to achieve the desired consistency and effects.
- **Aromatic Bliss:** Diffuse the fresh, citrusy Bergamot Oil in your space or add a few drops to homemade candles to enhance the ambiance while promoting a perky mood. For a quick pick-me-up, dab 2-3 drops onto a cloth and inhale deeply to enjoy its refreshing aroma.
- **Natural Freshener:** Refresh your living spaces naturally by using Bergamot Essential Oil as a non-toxic air freshener. Dilute 1-2 drops with water and spritz around your home to eliminate odors and create a welcoming environment.
- **Glossy, Healthy Hair:** To enhance your hair care regimen and add a light, invigorating scent to your strands, blend a few drops of Bergamot Oil into shampoo or conditioner to support healthier hair.

**Size & Price:** Contact Us