









DAY PLANNER



	 DAY NUMBER + DATE + TIME 
Day #	8
Date:	9-9-2023
Start Time:	5:00



<input checked="" type="checkbox"/> or <input checked="" type="checkbox"/>	Priority	Tasks
1. <input checked="" type="checkbox"/>	Q1 ▾	Send Warm outreach
2. <input checked="" type="checkbox"/>	Q1 ▾	Practice writing a lead funnel
3. <input checked="" type="checkbox"/>	Q1 ▾	Morning power up call
4. <input checked="" type="checkbox"/>	Q1 ▾	GYM
5. <input checked="" type="checkbox"/>	Q1 ▾	Review copy courses
6. <input checked="" type="checkbox"/>	Q1 ▾	GEt jax to the park
8. <input checked="" type="checkbox"/>	Q1 ▾	Plan future tasks set for reaching goals
9.	Q1 ▾	Analyze top player marketing
10.	Q1 ▾	Eat calorie goals
11.	Q2 ▾	Focus on things to improve
12.	Q3 ▾	Watch Tate interview bbc
13.	Q2 ▾	Read a book
14.	Q3 ▾	Clean bathroom
15.	Q1 ▾	Talk with people in campus (accountability)
16.	Q1 ▾	Use chat gpt to gain some copy insights



	 My Top 3 Priority Tasks That MUST Be Completed 
1.	Warm outreach
2.	GYM
3.	Practice lead funnel

	 Goal Set To Be Accomplished Today 
1.	A complete funnel planned out and mostly built, from scratch
2.	Gain insights on weaknesses in outreach

End-Of-The-Day Report:

 Are You Proud Of Today? 
Yes

 What Did I Learn Today? 
Reminder that i dont want long term injuries from my day job

 What Problems Did I Face In The Day? 
A struggle stay awake during my work session

 **How Will I Solve These Problems Tomorrow?** 

Take a walk, get some air and refresh my brain

 **What Tasks Were Left Undone?** 

Outreach

Brain Dump:

The small adapted habits, good or bad, compound to create the person you become.

Life is difficult for the weak, only the strong survive, your level of strength determines your destiny.