

# Recommended Time Allotments

How much time should you spend on each activity?

Here are some guidelines for a full day of learning (5 hours):

English Language Arts (Reading, Writing, Grammar) - approximately 60 minutes per day

Math - approximately 60 minutes per day

Social Studies - 30 minutes per day

Science - 30 minutes per day

World Languages, Electives - 30 minutes per day

Physical Wellness - at least 30 minutes per day

Enrichment - at least 30 minutes per day

Social Emotional Wellness - 30 minutes per day