Title

(Centered & bold)

(Article title must be short, clear and informative; consist of 12-15 words. The title is written with letter capital at each beginning of words except conjunctions)

Some words from the research title that need to be avoided:
a) Relationship (Relation of X with Y □ X with Y);
b) Risk factors/Factors (Risk Factors for Incident X at the Health Center □Event X at the Puskesmas);
c) Evaluation/Analysis/Description deleted except for Spatial Analysis (Evaluation of Program X at the PHC □ Program X at the PHC);
d) Place names are deleted except for titles that are less than 5 words such as research with the title of risk factors, etc.).

Author's full name without title [1] *, Author [2], Author [3], etc.

(Centered & bold)

(Names may not be abbreviated, Correspondence authors are marked with a special "*")

[1] Name of Institution (written in full), email: writer_1@abc.ac.id

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ABSTRACT

(Centered & bold)

(*English , Abstract k is written in one paragraph in English (italics) , no more of 200 words . Abstract k contains* **Background** *: consists of 1-2 sentences that explain background back and aim research .* **Methods** *: contains type and design research , subject research , variable research , instrument, technique taking sample , technique data analysis .* **Results** *: contains results most important research or major (includes prominent quantitative data and interpretations _ results analysis statistics).* **Conclusion** *: contains 1-2 sentences conclusion main from results research .*

Keywords: *maximum 5 words arranged alphabetically*

Introduction

(Centered & bold)

The introduction is written in the form of paragraphs with a length of 15-20% of the total length of the article or approximately 2 pages. Introduction loading :

1. Background or rationale for the research (priority of core data and quantitative presentation, if the research is qualitative, qualitative core data is also added). The background and important problems found and solutions offered.

2. The theoretical basis (brief literature review) contains the theory or understanding shown in the title or keywords. As much as 50-60% of libraries used must be listed in introduction.

3. The authenticity of the research (which distinguishes this research from previous research) and information on why the research needs to be done.

4. Research objectives (directly sentence research objectives, do not use numbers).

Method

(Centered & bold)

The method is written with a length of 15-20% of the entire length of the article. Method containing explanation method or step by systematic and detailed . The method used must be reproducible (can be repeated by others who will researching) and when taken from other sources equipped with library/citation/reference. Method no containing theory, but more emphasize what has been _ conducted researcher for get results in accordance goal. TheMethod must contains : (1) research design and design; (2) time and place of research; (3) research variables; (4) research instrument ; (5) sampling technique along with its details and determination of criteria if any; (6) data collection techniques and sources; (7) the method of analysis and if quantitative, the statistical test is mentioned. Research involving _ animal try / man , mandatory have *ethical clearance* proved with include the registration number of commission ethics published research _ *ethical clearance* .

Results and Discussion

(Centered & bold)

Results and Discussion written in form paragraphs (without sub- chapters) and contains results study for answer destination research . Discussion answer why result so and accompanied proof appropriate reference . The results and discussion are written with a length of 60-70% of the overall length of the article. Results and discussion written without sub- chapter numbering . Results and Discussion load :

1. Data and results, the analysis : can be presented in the form of tables/graphs/pictures to clarify the results verbally. (The decimal number is written with a comma for Indonesian; number decimal customized with type the analysis).

2. Data presented in average shape equipped with *Standard Deviation* (SD) or *Standard Error of Mean* (SEM) in table or image .

3. Accompanied data with analysis appropriate statistics, must _ be equipped with information complete about the procedure taking sample , repetition , and method statistics used .

4. Titles of tables and figures are arranged in the form of phrases (not sentences) in a succinct manner. Figure and table numbering is 1, 2 etc of all figures and tables in the article. **Not** per sub-chapter.

5. Maximum number of all tables **and or** picture in the article is 5.

6. Tables and Figures displayed must be written in the article. The order of writing should be **an explanation** of the table or figure (first), then **continued** below that **the picture and table should be displayed** .

7. The description of the picture/graph is placed under the picture/graph, while the title of the table is placed above it. The title begins with a capital letter. Spacing 1 pt in both the table and the description of the figure or table. An example can be seen in the following image.

Example Table

Table 1. Relationship Among Na [1] and K [2 .] intake with hypertension

intake Nutrition (per day)	Case		C control		OR (95%Cl)	p [3]
	N	%	N	%		
K intake [4] Inadequate	39	95.1	30	73.2	7.15	0.007

					(1.47-34.71)	
Adequate	2	4.9	11	26.8		
Na intake [5]						
Inadequate	13	31.7	5	12.2	3.4 (1.07-10.49)	0.033
Adequate	28	68.3	36	87.8		

[1] Na = sodium; [2] K = potassium; [3] *Chi-Square* ; [4] Inadequate: < median (5 mcg/L); Adequate: 5 mcg/L; [5] Inadequate: < median (2 mcg/L); Adequate: 2 mcg/L
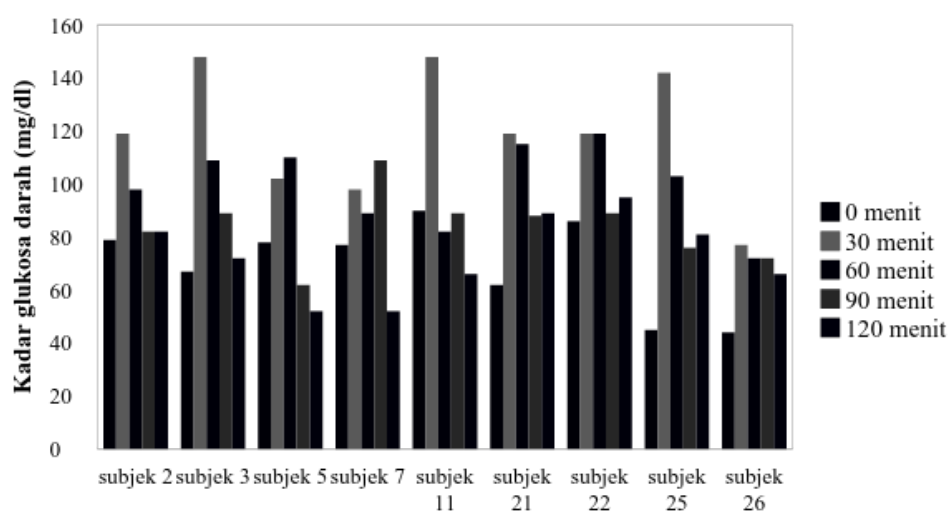
Sample Image

Figure 1. Graphics change rate glucose blood after consume flour cassava

Conclusion
(Centered & bold)

Conclusions are drawn based on results and discussion with reference to the research objectives . Conclusion written in one paragraph and not use numbering .

Acknowledgments (if needed)
(Centered & bold)

Write down the name of the institution or individual that plays a role in funding research implementation as well as writing article .

REFERENCES
(Centered & bold)

1. bibliography amounted to a minimum of 25 and 80% came from articles published in the last 10 years published in **journals**, so that only 20% are **non-journals (books, news, newspapers, service reports, papers, workshops,**

theses, theses or others) . **For example:** the total number of bibliography is 25, then the number of article journals of at least 80/100x 25 = 20 and a maximum of 5 non-journals.

2. Quotation format in script and bibliography view _ follow **American Psychological Association ⁷ᵗʰ Edition** format . **Writing reference Required use application *Mendeley* .**

3. All quote in article (*body text*) must be entered in the bibliography, and all reference in the bibliography must mentioned in article . Check bibliography _ to the quote in article before send script .

4. Citation in the article (*in-text citation*) must be in accordance with those listed in the Bibliography. Quote this followed by the quoted sentence from the source . Quote with method include name behind writer followed year rise cited articles . _

Example Bibliography Writing

Article in Journal : (Name. Year. Title. *Journal Name,* volume (number): pages).
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