



# Curriculum Overview

Course: Health  
Grade Level: 5th  
Meets:

	Cluster	Week 1	Week 2	Week 3	Week 4
September		<a href="#">Managing Strong Feelings</a>  STAR/Aimsweb(1) 4 school days	<a href="#">Telling Others What Bothers US</a>  STAR/Aimsweb(1) 4 school days	<a href="#">Healthy Ways to Handle Harassment or Bullying</a>	<a href="#">Practicing Positive Ways to End Bullying</a>
October		<a href="#">Speaking with Respect for Self and Others</a>	<a href="#">Listening with Respect</a>  4 school days	<a href="#">Making WISE Decisions to Avoid Trouble</a>	<a href="#">Getting Help from Adults for People in Danger</a>  Q1 ends 4 school days
November		<a href="#">Working Things Out</a>  4 school days	<a href="#">Finding Healthy Solutions to Conflicts</a>  4 school days	<a href="#">Practicing Out Conflict Resolution Skills</a>	<a href="#">Setting Positive Goals for health and Happiness</a>  T1 ends 2 school days
December		<a href="#">Making Our School a Caring and Respectful Place</a>	<a href="#">What's in Food?</a>	<a href="#">More About Nutrients and Using Food Labels</a>	
January		<a href="#">Guidelines for Healthy Eating</a>  2 school days	<a href="#">Planning a healthy Scrumptious Meal</a>  STAR (1)	<a href="#">Planning a healthy Scrumptious Meal</a>  STAR (1) Q2 ends	4 school days
February		<a href="#">Planning a healthy Scrumptious Meal</a>	<a href="#">Having Fun and Staying Safe</a>		<a href="#">Staying Safe at Home Alone</a>



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March		<a href="#">Staying Safe in Public</a>	<a href="#">Learning About Personal Safety</a> <b>T2 ends</b>	<a href="#">Tobacco and Your Health</a>	<a href="#">Tobacco and Your Health</a> <b>Q3 Ends</b>
April		<a href="#">What's in an Ad?</a>	<a href="#">Marijuana: Know the Facts</a>		<a href="#">Saying "No" to Tobacco, Marijuana, Inhalants and Taking Medicine Unsafely</a>
May		<a href="#">The Power of Choice</a> <b>STAR</b>	<a href="#">Impaired Driving:How to Stay Safe</a> <b>STAR</b>	<a href="#">Clean and Cool</a>	<a href="#">Clean and Cool</a> <b>4 school days</b>
June		<a href="#">Becoming a Savvy Consumer</a>	<a href="#">Becoming a Savvy Consumer</a>		