

2025-26

WEEKLY WORD • SEMANAL DE PALABRA



CARBONDALE MIDDLE SCHOOL

[Palabra Semanal Abierta En Español](#)

Ms.Land has set a goal to incorporate nature-based education into her CMS classroom, emphasizing outdoor learning right in our own backyard. Science classes will take part in hands-on activities both on our school grounds and during walking field trips in our community as well as biking field trips.





More photos from the Outdoor Leadership's camping trip to Dinosaur National Monument!

Bell Schedule	Blue/Gold Calendar	Bus Routes	CMS Website
Food Menu	Athletics	District Calendar	School Fees
Infinite Campus	Remind	Habits of a Scholar	Schoology

Monday 10/27	☐ Monday Makerspace with Ms. Molnar: 5th Grade Shadow Puppets
Tuesday 10/28	☐ Tuesday Makerspace with Ms. Molnar: 6th Grade Shadow Puppets
Wednesday	☐ 8th Grade PreCollegiate meeting during recess/lunch

10/29	
Thursday 10/30	☐ Homework Help 3:15-4:00, FREE Register ☐ Thursday Makerspace with Ms. Molnar: 7th Grade Shadow Puppets & 8th Grade Quiz Bowl (trivia of all shapes, sizes and prizes!)
Friday 10/31	☐ Just another calm day of learning 🎃
Coming up...	Exclusion Day for Vaccination Compliance: November 1st ☐ 11/1 ☐ 11/6 - 1st Trimester Ends, Color Games #1 ☐ 11/7 No School for Students, Teacher Work Day ☐ 11/10-11/14 Aspen Words Poetry Week ☐ 11/14- CMS Dance for 7th and 8th grade *eligible students *at school all day and not on a behavior contract ☐ 11/17 - ½ of 8th grade to Rock Bottom Ranch ☐ 11/18 - ½ of 8th grade to Rock Bottom Ranch

From Principal, Mr. Logan...

Dear CMS families,

As we near the end of the first trimester, I'd like to take time to thank parents and guardians for the many ways you support us here at CMS. Thank you for...

- Helping your student attend school on time every day
- For pulling all the way forward in the drop off lane!
- For attending conferences
- For all the support you provide at home that we don't see, but that helps your student try hard and engage in learning day after day
- For Anais' and Karyn's help volunteering in the library
- For all the delicious treats you provided teachers during a long conference week. Here are some of those folks. If we weren't able to snap a picture of you, please know that we appreciate you!



Michael Logan

CMS Principal

(970) 384-5701 • mlogan@rfschools.com • <http://cms.rfsd.k12.co.us/>

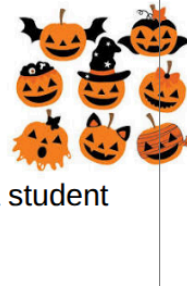
From Ms. Porter, Dean of Culture...

Ms. Hernandez's students wrote poems and recorded those poems with the Andy Zanca Youth Empowerment Program (AZYEP). So cool!



Also, we have some students who celebrate Halloween next Friday and others that do not. If your student would like to dress up for Halloween, here are our expectations:

- Your face **can't** be covered (no masks or face coverings)
- You **can** wear a hat (but no hoods)
- You **can't** have any weapons of any kind
- Your costume should be school appropriate
- Your costume should allow you to sit and participate as a student that day!



Also, I would love to get some more sign-ups for Friday teacher treats for the months of November and December if that is something you could do. Please send me an email! 😊

Thanks, Sara Porter

Sara H. Porter

CMS Dean of Culture

sporter@rfschools.com

pronouns: she/her/ella

Counseling Corner

Stress & Anxiety – Healthy Coping Strategies

Stress is a normal part of life, but kids can learn healthy ways to manage it. Deep breathing, movement breaks, and talking to a trusted adult are simple strategies that make a big difference. Encourage your student to notice

the signs of stress in their body, like a racing heart or tight muscles, so they can respond early with calming tools. Practicing these strategies regularly helps students feel more in control and builds resilience for the future.

Lindsay Selig

School Counselor, MA, LPCC
(970)384-5713 • lselig@rfschools.com
Pronouns: she/her

Ali Silcox

School Counselor, MA, LPC, NCC
970-384-5735 || asilcox@rfschools.com ||
Pronouns: she/her



Athletic Info



[-->Please click here if you'd like to donate](#)

☐ 7/8th Grade BOYS BASKETBALL

8th Grade Practice- 3:30-5 Coach Fernandez

7th Grade Practice- 5-6:30 Coach Markham

Physical Forms: [English](#) [Spanish](#)

Fees: [Complete this form for reduced fees \(confidential!\)](#)

\$50 for CMS Students, \$75 for non-CMS Students

Jason Kreiling

CMS STEM Teacher & Athletic Director
kreiling@rfschools.com

Connect with CMS

- ☐ **Need new CMS Gear?! Visit the GRAND OPENING of our [ONLINE CMS STORE](#)**

Thank you Mr. Kreiling for setting this up!

For a limited time, enjoy **20% OFF** with code **SPIRIT20**

[Shop your CARBONDALE MIDDLE SCHOOL Sideline Store](#)



- ☐ **Homework Help** offered most Thursdays after school

3:15-4:00, FREE this year!

[Register Here](#) or in front office



Homework Help

Need a little extra help with homework? Join FREE Homework Help, where you'll get the support you need to tackle tough assignments, stay ahead in class, and feel confident in your work. Sign up today and take the first step toward success!

Visit accessafterschool.org to sign up!
FREE, 3:15-4:15 Thursdays
Contact Alondra Zepeda for any questions or help signing up!
alondra@accessafterschool.org
970.281.5437

Starts Sept 4th



This is an after school support on **Thursdays from 3:15-4:00 pm** for students who need extra help with homework. This program is free this year, and families can sign up by completing a paper registration form found at our front desk or by [registering online](#).

☐ **IMPORTANT ANNOUNCEMENT:** Attention Roaring Fork School District Families:

**Exclusion Day
for Vaccination Compliance:
November 1st**

**Día de exclusión
por cumplimiento de la vacunación:
1 de Noviembre**

November 1st is **Exclusion Day** for students who are **not in compliance with [state-required vaccinations](#)**.

Any student who **does not meet vaccination requirements by this date will be sent home** and will **not be allowed to return to school** until compliance is met.

If you have received notice that your student is not compliant with vaccinations, please make sure your child's immunization records are up to date with the school prior to November 1st to avoid interruption to their learning.

If you have any questions or need assistance, please contact your **school's health office** as soon as possible. We're here to help you navigate the process and keep our school community safe and healthy.

Thank you for your attention to this important matter.

— **Roaring Fork School District**

Andi Talarico RN (she/her/ella)
District Nurse Team / Carbondale
970-384-7976
atararico@rfschools.com

- ☐ We're excited to invite you and your school communities to our **upcoming performance of *The 39 Steps***—a fast-paced and hilarious one-act show full of energy, mystery, and comedy.

The performance will take place in the Auditorium at Roaring Fork High School on **November 6th, 7th, and 8th at 6:00 PM**.

Students and teachers receive discounted tickets with a valid school ID.

[TICKETS are now live!](#)

Community Partnerships

CARBONDALE CLAY
CENTER

Día de Muertos

¡PARA TODA LA FAMILIA!

SATURDAY
NOV 1ST



10 AM -
1 PM

FREE!
PAINT A CERAMIC CALAVERA FOR YOUR OFFRENDA

CARBONDALECLAY.ORG
135 MAIN STREET
CARBONDALE

 **Homework Help**

Need a little extra help with homework? Join FREE Homework Help, where you'll get the support you need to tackle tough assignments, stay ahead in class, and feel confident in your work. Sign up today and take the first step toward success!

Visit accessafterschool.org to sign up!
FREE, 3:15-4:15 Thursdays
Contact Alondra Zepeda for any questions or help signing up!
alondra@accessafterschool.org
970.291.5437

Starts Sept 4th

Thursdays after school
3:15-4:00, FREE
[Register Here](#) or in front office

Did you know your library offers
free online tutoring
with Brainfuse?



Your child can get live help from qualified tutors online.

They'll find homework help and skills building in math, reading, writing, science, and more.

Brainfuse also provides writing feedback and test preparation to help them succeed.

All you need is your library card!

P.S. Adults can use Brainfuse, too.


info@brainfuse.com
www.braintfuse.com

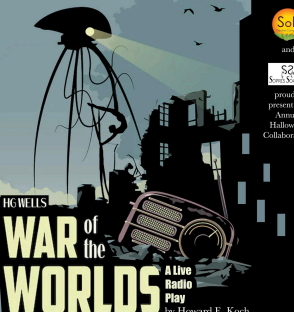


November 10 & 17 at the fairgrounds, 5 - 9 p.m.
Try out now to be a member of Garfield County Fair royalty!

1. Apply online first at garfieldcountyfair.com
2. Try out with your horse November 10 and 17 from 5 - 9 p.m.

The Garfield County Fair & Rodeo royalty program is dedicated to providing an opportunity for young women to be spokespersons for the Garfield County Fair & Rodeo, the sport of rodeo, the western way of life, and their community of Garfield County. The royalty program utilizes teamwork, organizational skills, public speaking, community service, and relationships to prepare participants in becoming future community leaders.

Sign up at garfieldcountyfair.com



WAR of the WORLDS
A Live Radio Play
by Howard E. Koch

October 21st, 24th and 25th at 6:00 p.m.
October 26th at 2:00 p.m.
at Thunder River Theatre
57 Prosser Ave. in Carbondale
Visit soloblathecompany.org

Tickets are \$15 for Adults and \$10 for Seniors and can be purchased online by scanning this code



Produced by special arrangement with Playrights, Inc. www.playrights.com

RFH

2025 Roaring Fork High School Baseball Camp

When:
Session 1 (Grades 1-3)
 Tuesday, September 2
 Tuesday, September 9
 Tuesday, September 16
 Tuesday, September 23
 Tuesday, September 30 **End of session scrimmage**

Session 2 (Grades 4-6)
 Tuesday, October 7
 Tuesday, October 14
 Tuesday, October 21
 Tuesday, October 28
 Tuesday, November 4 **End of session scrimmage**

Where: RFHS Baseball Field
 Time: 3:45-4:45pm (Rain or shine)
 Who: Boys and Girls ages 5-13

What: Come learn fundamentals of baseball taught by RFHS staff and players. Each camp will be capped at 24 students.

Cost: \$70 Register with Coach Madsen
mmadsen@rfhschools.com 970-319-5994
 (Cash, Check, Venmo @Marty-Madsen-1)

Session 3 (Grades 7-8) January 2025 (Stay Tuned)

FENCING CLASSES
Go for the Gold!



Beginner Classes Starting in November!

Explore a fun and safe Olympic sport with classes in Aspen and Glenwood Springs! All equipment provided, no experience necessary. Ages 7-14 welcome. Financial assistance available. Individual beginner lesson packages available for students outside the age range or that need alternate times/dates. [Get more info and register online at...](#)

RoaringForkFC.com/beginners
 Greg Domashovetz | hell@roaringforkfc.com | 970.924.0459

[Roaring ForkFC.com/beginners](https://RoaringForkFC.com/beginners)

REGISTER NOW!

AFTERWORKS
AFTER-SCHOOL MUSIC CLASSES

The Aspen Music Festival and School provides music education throughout the year in Roaring Fork Valley schools.

REGISTER NOW! CLASSES START IN OCTOBER!

BEGINNING STRINGS

Violin, viola, cello, and bass instruction for beginning students, grades 2-5.

www.aspenmusicfestival.com/beginningstrings

LEAD GUITAR

Classical guitar instruction for beginning through advanced students, grades 5-12.

www.aspenmusicfestival.com/leadguitar

MAROON BEL CANTO CHOIRS

Sing with students from all over the Roaring Fork Valley. About 100 students, grades 2-12.

www.aspenmusicfestival.com/maroonbelcantochoirs

CHAMBER MUSIC

Classical music instruction for beginning through advanced students, grades 5-12.

www.aspenmusicfestival.com/chambermusic

LEARN MORE! CONTACT: AMFS Education and Community 970.326.4500 education@aspenmusic.org

TUITION AND INSTRUMENT SCHOLARSHIPS AVAILABLE!

ZERO FARE
 OCTOBER - NOVEMBER 2025

RIDE FREE with RFTA this fall!
¡Viaja gratis con RFTA este otoño!

OCT. 1 - NOV. 30, 2025
 DEL 1 DE OCTUBRE AL 30 DE NOVIEMBRE DE 2025

All routes from the Roaring Fork Transportation Authority will be free to ride October 1st through November 30th as part of a new pilot program!
 (Todas las rutas de Roaring Fork Transportation Authority serán gratuitas del 1 de octubre al 30 de noviembre como parte de un nuevo programa piloto)

Learn more at: RFTA.com/zerofare
 (Some rules and restrictions apply. See website for details.)
 (Maroon Bells not included. No include Maroon Bells)

PERFORMING ARTS
 CARBONDALE MIDDLE SCHOOL

GRADES 5-8
Sept 29th - Dec 9th
Mondays and Tuesdays
3:45-4:55 PM

Educator and entertainment professional, Quincy Gray, welcomes young performers to Carbondale Middle School, to explore the art of storytelling in the spirit of Broadway's Jukebox musical theater genre. Jukebox musicals include stage acting, singing and dancing to scores or pop songs, by some of today's most iconic musicians. Shows like "Motown," "Rock of Ages," "Jailhouse Rock," "Hell's Kitchen," Jukebox musicals give modern shows a refreshing new life onstage.

In his youth, Quincy acted in community plays, and studied theater at CalArts as a teen. He then trained in dance at The Millennium Dance Complex in Los Angeles. As an adult, he studied the Meisner acting technique in Santa Monica, California. Quincy has been credited as an assistant director for Hollywood productions - he's made commercials, music videos, television series, and film.

Participants in the ACCESS Afterschool performing arts workshops will learn the fundamentals of live musical theater. They will explore scene and monologue acting, as well as sing, and dance to hit songs. Lastly, students will learn social cooperation as a castmate, and stage a musical theater showcase. You're encouraged to "Seize the Day!" and sign your child up for this dynamic afterschool experience, that'll nurture your students' talents, and foster good character, social skills and confidence. See you on stage, under "All of the Lights."

alondra@accessafterschool.org
 970.381.5437

<https://www.danceinitiative.org/events>

DANCE INITIATIVE
KIDS'/TEENS' BREAKDANCE CLASSES
SEPTEMBER 9 - DECEMBER 17

TUESDAYS
4PM-5PM *ADVANCED BREAKING WITH JOH
 *FOR STUDENTS WHO HAVE TAKEN 5+ CLASSES WITH JOH

WEDNESDAYS (AGES 7+)
3:45PM-4:45PM BREAKING WITH JOH

Classes start Tuesday, September 9 | 14 weeks | \$15/Class
 On-Going Enrollment - New Students Always Welcome
 All classes are in The Studio at Third Street Center
 For More Info/Questions: Joan@danceinitiative.org | 214.680.8273

<https://www.danceinitiative.org/events>

DANCE INITIATIVE
KIDS'/TEENS' HIP HOP DANCE CLASSES
SEPTEMBER 10 - DECEMBER 18

WEDNESDAYS (AGES 7+)
2:30PM-3:30PM HIP HOP WITH JOAN

THURSDAYS (AGES 12+)
4PM-5PM TEEN HIP HOP WITH QUINCY

Classes start Wednesday, September 10 | 14 weeks | \$15/Class
 On-Going Enrollment - New Students Always Welcome
 All classes are in The Studio at Third Street Center
 For More Info/Questions: Joan@danceinitiative.org | 214.680.8273

<https://www.danceinitiative.org/events>

DANCE INITIATIVE
KIDS'/TEENS' K-POP DANCE CLASSES
Ages 8+

TUESDAYS
SEPTEMBER 9 - DECEMBER 16
5PM-6PM
\$15/CLASS

THE STUDIO AT THIRD STREET CENTER
 520 S. 3RD STREET SUITE 22
 CARBONDALE, CO

Sign up here

<https://www.danceinitiative.org/events>

<https://www.danceinitiative.org/events>

<https://www.danceinitiative.org/events>

Colorado Rocky Mountain School
Grades 9-12 • Coed • Boarding & Day • Carbondale, CO

FALL OPEN HOUSES

THURSDAY, SEPTEMBER 11 / 9-11 AM
THURSDAY, OCTOBER 9 / 9-11 AM
TUESDAY, OCTOBER 21 / 5-8 PM *no campus tour
TUESDAY, NOVEMBER 11 / 9-11 AM
THURSDAY, DECEMBER 11 / 9-11 AM

NOW ACCEPTING APPLICATIONS FOR FALL 2026

Learn more about Colorado Rocky Mountain School and the application process for the 2026-2027 academic year. The program will include:

- Campus tour with a student ambassador
- Overview Presentation by Molly Doran, Director of Enrollment & Tuition Assistance

WWW.CRMS.ORG

BSVP TODAY!
BENEFIT STUDENT PROMOTION

NOW ACCEPTING APPLICATIONS
FOR FALL 2026

2025-2026 AVSC & STUDENT PASS ON SALE NOW

If your child is enrolled in AVSC or a local school during the 2025-2026 season, you are eligible to purchase an AVSC or Student Pass for them.

Student & AVSC Passes	Price	Insurance
Adult Pass	\$497	\$30
Single Student Pass	\$299	\$20
High School Pass	\$497	\$30
Student & Adult Pass		FREE
AVSC 12.5, 2 or 3 Day Ticket		

Season Dates
Aspen Mountain: November 01, 2025 - April 19, 2026
Aspen Highlands: November 03, 2025 - April 12, 2026
Silverthorn: November 13, 2025 - April 5, 2026
Snowmass: November 27, 2025 - April 12, 2026

How to purchase:
Go to: Visit www.aspensnowmass.com/season-passes from log in to your account, purchase your AVSC pass, complete the online, and upload your photo for your child.
AVSC: Use your child's AVSC Voucher ID number to redeem your child's pass online. This Voucher ID can be found on your AVSC registration email confirmation.
Student: If your child had a Student Pass during the 2024-2025 season, you may renew online. If your child did not have a Student Pass last season, please look over the photo to in person.
Insurance: Visit the Aspen Snowmass website office. Present proof of eligibility with AVSC Pass Voucher ID or School enrollment to purchase event.
By Phone: Call our Mountain Sales Call Center at (970) 541-5546 to purchase a pass. You will need to provide your child's AVSC Voucher ID to purchase an AVSC pass, or email enrollment verification to StudentID@aspensnowmass.com. Followed by a phone call to our Mountain Sales Call Center to purchase a Student Pass.
For more information: Visit www.aspensnowmass.com/tickets for locations, hours, and more information.

WHY CHOOSE RFC?

Roaring Fork Cycling is the premier cycling program in the valley, offering an unparalleled experience for riders of all levels. As the only program that provides **FREE** gear & full instruction for **12 seasons**, our growing riders take the opportunity to develop skills on their bikes. We even have **bikes and helmets to borrow** whenever lacking clients or mastering discounts, our expert coaches create a dynamic and supportive environment where every rider can grow. This fall, our goal is a **50:50 ratio** of boys and girls, fostering inclusivity and fun while building confidence and a love for the sport. Roaring Fork Cycling is where the most passion of riders takes on.

Learn More
 www.roaringforkcycling.org

Two Wheels, Endless Possibilities

[Roaring Fork Cycling](http://www.roaringforkcycling.org)

Scout Troop 242 Sample Calendar

Weekly Meetings Thursdays 7 pm
Scout Cabin, El Jebel
Boys Ages 11-17

January:	February:	March:
Elmer's Mountain Bike	Korvik's Denry	Nordic / Alpine Ski Day
April:	May:	June:
Fruit Mountain Bike	Service Projects	Scout Camp
July:	August:	September:
National Youth Leadership Training	Raft Trip	Camporee Campout
October:	November:	December:
Moose Mountain Bike	Merit Badges	Hut Trip

Learn more: troop242.org

Join: beascout.scouting.org

troop242.org

Join:
beascout.scouting.org

Aspen Supports Kids (ASK)

WHAT IS AVSC ASK?

What: Youth learn to ski and snowboard in a fun and safe environment.

Who: Kids 3.5 years old - 12th grade.

Where: Buttermilk, Snowmass, Highlands, and Aspen.

Cost: Prices vary. \$150 deposit. Scholarships available for 1st - 12th grade.

Equipment: Season equipment scholarships for 1st - 12th grade available.

Transportation: Free chaperoned buses from Glenwood, Carbondale, and El Jebel to Buttermilk and Snowmass. 1st - 12th grade, based on availability.

Registration: Online or in-person starting Sunday, Aug. 24, 5pm

¿QUÉ ES AVSC ASK?

Qué: Aprende a esquiar y hacer snowboard en un ambiente divertido y seguro.

Quié: Niños de 3.5 años a 12 grado.

Dónde: Buttermilk, Snowmass, Highlands y Aspen.

Costo: Precios varían. Depósito de \$150. Becas disponibles para 1 a 12 grado.

Equipo: Becas de equipo de temporada para 1 - 12 grado, si disponible.

Transporte: Autobuses con acompañante gratuitos desde Glenwood, Carbondale y El Jebel a Buttermilk y Snowmass. 1ª a 12ª grado.

Inscripción: En línea o en persona a partir de las 5:00 p.m. del 24 de agosto.

LEARN MORE
ATTENDING ASK
www.teamavsc.org

QUESTIONS IN ENGLISH?
Contact Meredith Elwell
Meredith@teamavsc.org
970.205.9161

¿PREGUNTAS EN ESPAÑOL?
Contacta con Daniela López
Daniela@teamavsc.org
970.205.9161

www.teamavsc.org

Bill Koch Youth Ski League (BKYSL)

WHAT IS AVSC BKYSL?

What: Youth learn to Nordic ski in a fun and safe environment.

Who: Kids ages 5-10 years old.

Where: Aspen, Basalt, and Carbondale.

Cost: Prices vary. Equipment and program fee scholarships available.

Equipment: Rentals available through Ute Mountaineer.

Registration: Online or in-person until Oct. 1st.

¿QUÉ ES AVSC BKYSL?

Qué: Aprende nórdico en un ambiente divertido y seguro.

Quié: Niños de 5 a 10 años.

Dónde: Aspen, Basalt y Carbondale.

Costo: Los precios varían, equipo y cuota del programa becas disponibles.

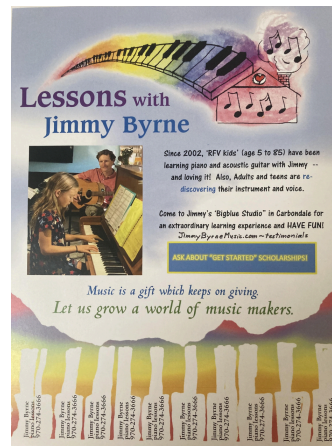
Equipo: Alquileres disponibles a través de Ute Mountaineer.

Inscripción: En línea o en persona.

LEARN MORE
ATTENDING BKYSL
www.teamavsc.org

TEAMAVSC.ORG | 970.205.5101 | @TEAM_AVSC

www.teamavsc.org



[Click here to register](#)
Learn to Skate - 14u



Follow us on
[Facebook](#)
[Instagram](#)
[CMS Webpage](#)

[Have an item to share in the parent newsletter?](#)