

4-8 Unified Arts Bingo Board

May 11th - 15th

B



No paint? No Problem!
How to Make Paint with
Ms. Martinson
Video Length: 7:16

I

P.E. Fitness Component
#3: Muscular Endurance



Four Lunges to
Tone Your Legs Video: 1:45

N

Bike Safety Lesson #3



Bicycle rules of the road
with Ms. Jarvis
Video: 6:00

G



Mrs Lamb Kindness Intro
Kindness 101 Character
Video 30:00

O

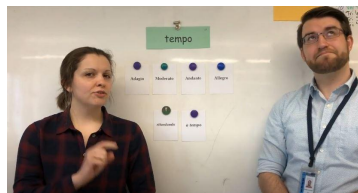


Jazz 2 New York, NY
Video Length 10:42

P.E. Fitness Component
#4: Cardio



Easy Pilates
and Cardio
Workout with
Relaxing Cool Down -
Active Recovery Workout
Video: 32 min.



Ms. Hartman and Mr. Kelly
- Tempo Lesson
Video Length 4:42

Veggie Scrambled Egg in a
Mug

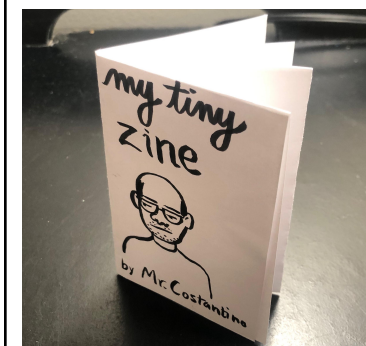
With Mrs. Lamb video 6:55



recipe



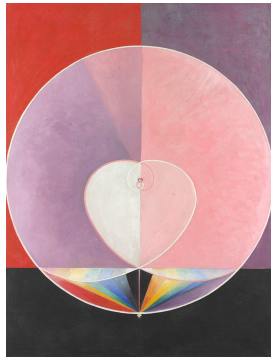
"Orpheus in The
Underworld" - MRUSD
Orchestra
Virtual Performance
Video Length 2:58



Making a Mini Zine
With Mr Costantino
Video: 2:14



[Jazz 3 New York, NY](#)
Video Length 7:25



[Artist of the Week:](#)
[Hilma af Klint](#)
With Mr. Costantino
video:1:55

UNIFIED ARTS FUN

[CLICK FOR A UA JINGLE](#)

[You Don't Need a
Weatherman:
Weather through
proverbs and observation](#)



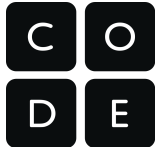
Video length 2:49

PE Challenge

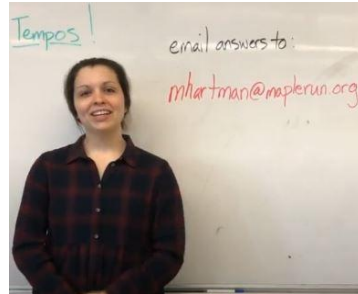


[Bottle flip challenge with
Ms. Wight.](#) Video 5:15

Extreme Bottle Flips!
[Water Bottle Flip 2 | Dude
Perfect](#) Video: 5 min.



[Coding Choice Board](#)
Try Coding or Expand
your Knowledge with
these choices with Mrs.
Darcie Rankin



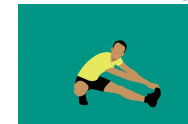
[Ms. Hartman - Tempo
Flashcards](#)
Video Length 1:32



[Pediatric dental care with
Nurse Katie Raleigh.](#)
Video: 4:47

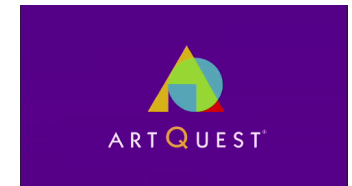
[Week 4: PE Fitness Log](#)
Instructions for the Log
[Introduction Video](#)
with Mrs. Jarvis

[P.E. Fitness Component
#1: Flexibility](#)

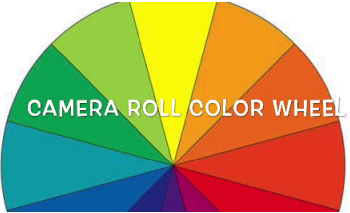
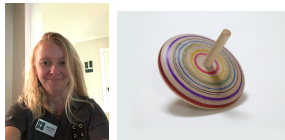


[Total Body Warm Up
Cardio - 5 Minute Warm Up
Workout](#) Video: 6:00

Ms.Haberman



[The Element of Color](#)
Video Length 2:36

Ms.Haberman  <u>Camera Roll Color Wheel</u> Video Length 2:22	<u>P.E. Fitness Component #2: Muscular Strength</u>  <u>Home Upper Body Workout without Weights - Bodyweight Upper Body Workout for Beginners</u> Video: 9 min.	 <u>Spinning Tops</u> A Mini STEAM Lab with Mrs. Darcie Rankin	 <u>Making Monoprints with Ms. Martinson</u> Video Length: 4:44 NOTE: You will need paint. If you don't have any, click on my "No Paint? No Problem!" video in the first square to see how to make your own!	 <u>Ms. Hartman & Mr. Kelly Vocal Round - "All Things Shall Perish"</u> Video Length 3:07
Directions: Students are to complete one activity per day. If you plan it right, you can have bingo by the end of the week. If you get bingo send us a message at makerspace@maplerun.org. Tell us what squares you completed to get bingo. Please send pictures, videos, emails on what you did, requests for what you want to see on the bingo board, or just Hello's to the UA teachers. Email the teacher whose activity you did or email a teacher you miss. Our emails are: mhartman@maplerun.org, zkelly@maplerun.org, ccameronmuscente@maplerun.org, pwight@maplerun.org, mejarvis@maplerun.org, rbrannon@maplerun.org, handrews@maplerun.org, acostantino@maplerun.org, mmartinson@maplerun.org, mhaberman@maplerun.org, drankin@maplerun.org, ebertucci@maplerun.org, gborst@maplerun.org, melamb@maplerun.org, swade@maplerun.org, and mcraib@maplerun.org				