

Foundational Studies for the Remission Optimistic Community (ROC)

The ROC is based on over 200 studies showing the efficacy of non-pharmaceutical approaches to putting diseases into remission. The bulk of these studies were identified in the citations of the books, *Radical Remission* and *Radical Hope* by Kelly Turner, PhD. There are a few more added to expand on the support for some approaches. – Joan Ifland, PhD, MBA, FACN April 4, 2023.

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