

Emergency Action Plan (EAP)

While most study abroad students have a safe and untroubled experience, some students may encounter minor emergencies such as pick-pocketing, petty theft, or illness. These minor emergencies may become increasingly difficult to handle when there are cultural and communication barriers. For such cases, it is a good idea to have a ready-made emergency plan.

Seven-Step Emergency Action Plan

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| STEP ONE: | Remain calm. Take a deep breath. You will need a clear head to focus on your next move. |
| STEP TWO: | Assess the situation/get advice from program staff. Identify the type of emergency situation. |
| STEP THREE: | Take action. Exercise good judgment. Follow your EAP and get to a safe location where you can get help. |
| STEP FOUR: | Get in touch. Update others about your situation. Contact your emergency contacts on-site and the Office of Study Abroad. |
| STEP FIVE: | Move to a more permanent location. Consider transportation options and go to a safe location (your place of residence, university, hospital, police station, embassy/consulate, etc.) |
| STEP SIX: | Stay in touch. Maintain contact and update your emergency contacts on your condition. |
| STEP SEVEN: | Evaluate and revise your EAP. After the emergency is over, and once your condition has stabilized, evaluate your EAP and use what you've learned to revise it in case of future emergencies. |

Know Where to Go

- 1. Where should you go first in an emergency and what method of transportation will you use to get there?*
- 2. Where is the nearest U.S. Consulate or Embassy?*
- 3. Be aware of all emergency transportation options and how to access them.*

Airport:

Train Station:

Boat/Ferry/Port Authority:

Bus Station:

Metro Station:

Who will be your first points of contact in case of an emergency?

It is important to have more than one point of contact in case you cannot get in touch with your primary contact.

- 1. Program Director*
- 2. Local Authorities*
- 3. Office of Study Abroad*