- ASL Big Book AA Youtube 1st 164 Pages and the founders stories.
  - Big Book Study Guide
  - o Deaf Alcoholic Recovery Vodcasts on <u>Grapevine ASL YouTube</u>
  - ASL Twelve Steps & Twelve Traditions Youtube
- ASL/English Step, Tradition, Concept of the month.
- AA Preamble English
- How It Works ASL AA Big Book Chapter 5 page 58 59 & 60 English
- 12 Steps ASL Big Book Chapter 5 Page 59 & 60 English
- 12 Traditions Long Form ASL 12 by 12 page 189 English Short form
- 12 Concepts Short form ASL AA Big Book page 574 English

<u>Serenity Prayer ASL 12 by 12 page 41</u> God, grant me the serenity to accept the things I cannot change, courage to change the things I can, and the wisdom to know the difference.

<u>3rd Step Prayer ASL AA Big Book Chapter 5 How it Works Page 63</u> God, I offer myself to thee, to build with me and do with me as thou wilt. Relieve me of the bondage of self, that I may better do thy will. Take away my difficulties that victory over them may bear witness to those I would help of thy power, thy love and thy way of life. May I do thy will always.

<u>7 Deadly Sins ASL Step 4 12 x 12 page 48 last paragraph</u> "the Seven Deadly Sins of pride, greed, lust, anger, gluttony, envy and sloth"

**7th Step Prayer ASL** AA Big Book Page 76 My Creator, I am now willing that You should have all of me, good and bad. I pray that You now remove from me every single defect of character which stands in the way of my usefulness to you and my fellows. Grant me strength, as I go out from here, to do Your bidding.

## Step 11 St Francis Prayer ASL 12 x 12 Step 11 Page 99

Lord, make me a channel of thy peace

- -that where there is hatred, I may bring love
- -that where there is wrong, I may bring the spirit of forgiveness
- -that where there is discord, I may bring harmony
- -that where there is error, I may bring truth
- -that where there is doubt, I may bring faith
- -that where there is despair, I may bring hope
- -that where there are shadows, I may bring light
- -that where there is sadness, I may bring joy.

Lord, grant that I may seek rather

to comfort than to be comforted -

to understand than to be understood to love, than to be loved.
For it is by self-forgetting that one finds.
It is by forgiving that one is forgiven.
It is by dying that one awakens to Eternal Life. Amen

## A Vision For You ASL A.A. Big Book in ASL: Chapter 11 Page 164

Our book is meant to be suggestive only. We realize we know only a little. God will constantly disclose more to you and to us. Ask Him in your morning meditation what you can do each day for the man who is still sick. The answers will come, if your own house is in order. But obviously you cannot transmit something you haven't got. See to it that your relationship with Him is right, and great events will come to pass for you and countless others. This is the Great Fact for us. Abandon yourself to God as you understand God. Admit your faults to Him and to your fellows. Clear away the wreckage of your past. Give freely of what you find and join us. We shall be with you in the Fellowship of the Spirit, and you will surely meet some of us as you trudge the Road of Happy Destiny. May God bless you and keep you -- until then.

## The Promises ASL AA Big Book Chapter 6 Into Action Page 83 & 84

If we are painstaking about this phase of our development, we will be amazed before we are halfway through. We are going to know a new freedom and a new happiness. We will not regret the past nor wish to shut the door on it. We will comprehend the word serenity and we will know peace. No matter how far down the scale we have gone, we will see how our experience can benefit others. That feeling of uselessness and self-pity will disappear. We will lose interest in selfish things and gain interest in our fellows. Self-seeking will slip away. Our whole attitude and outlook on life will change. Fear of people and economic insecurity will leave us. We will intuitively know how to handle situations which used to baffle us. We will suddenly realize that God is doing for us what we could not do for ourselves. Are these extravagant promises? We think not. They are being fulfilled among us - sometimes quickly, sometimes slowly. They will always materialize if we work for them.

AA Big Book Acceptance was the Answer Page 417 ACCEPTANCE: "And acceptance is the answer to all my problems today. When I am disturbed, it is because I find some person, place, thing or situation – some fact of my life – unacceptable to me, and I can find no serenity until I accept that person, place, thing or situation as being exactly the way it is supposed to be at this moment. Nothing, absolutely nothing, happens in God's world by mistake. Until I could accept my alcoholism, I could not stay sober; unless I accept life completely on life's terms, I cannot be happy. I need to

concentrate not so much on what needs to be changed in the world as on what needs to be changed in me and my attitudes."

## **NO ASL VIDEO Available**





