

## Typical JV Meet Schedule

Girls 800 Sprint Medley  
3200 Meter Relay (4x800)  
100/110 Hurdles  
100 Meter Dash  
800 Meter Relay (4x200)  
1600 Meter Run  
400 Meter Relay (4x100)  
400 Meter Run  
300 Meter Hurdles  
800 Meter Run  
200 Meter Dash  
3200 Meter Run  
1600 Meter Relay (4x400)







