# Wheaton Warrenville South High School Cross Country 2019

## Practice Schedule

Week #5 September 9th to September 14th

> <u>Full Season Calendar</u> Wheaton Weather

#### Monday, September 9th

Location - <u>WWS Back Circle</u> 2:45-5:15 - Practice

#### Tuesday, September 10th

Location - <u>WWS Back Circle</u> 2:45-5:15 - Practice

#### Wednesday, September 11th

Location - <u>WWS Back Circle</u> 2:45-5:15 - Practice Hill Snacks

#### Thursday, September 12th

Location - <u>WWS Back Circle</u>
2:45-5:15 - Practice
Preliminary Wauconda Line-up Announced
Team Sweats and Uniform Modifications - See Coach Bikulcius

#### Friday, September 13th

Location - <u>WWS Back Circle</u> 2:30-5:00 - Practice Meet by the Fitness Center Lake Park Line-up Finalized

### Saturday, September 14th

Wauconda Invitational Lake Park Invitational - Meet Information 6:25 AM - Meeting Time (Field House)

