



Human Growth and Development is taught in a multiple day unit. However, objectives under the topic "relationships" are taught throughout the school year within the guidance curriculum. To facilitate discussion in a comfortable setting, boys and girls are taught the asterisked (*) objectives separately.

We encourage families to discuss these topics and have included the objectives below.



3rd Grade

Grade 3 ~ PERSONAL HEALTH - Reproductive System & Hygiene

- The student will understand that family is the first resource in understanding human growth and development issues.
- The student will identify external body parts to correct inappropriate language.*
- The student will recognize and name the basic parts of the body using proper terminology (buttocks, vulva, penis, breasts).*
- The student will recognize physical differences between male and female appearances.*
- The student will define puberty and tell when it occurs in boys and girls.*
- The student will recognize that each individual will have his/her own rate and timetable of growth.*
- The student will realize that "growth spurts" may occur during the period of adolescence.
- The student will learn that personal responsibility for hygiene promotes health and well-being.
- The student will learn which daily habits are needed for good hygiene.
- The student will realize that personal hygiene enhances self-concept, shows respect for self, others, and increases the respect others have for you.

So that students will:

- Discuss concerns about growing up with a parent/guardian/trusted adult.
- Have a good self-concept about themselves
- Take care of their body.

Grade 3 ~ DISEASE PREVENTION - Universal precautions

- Students will discuss what germs are and identify ways that they are spread.
- Students will understand reasons for not sharing hats, combs, clothes, and beverage containers.
- Students will discuss that some illnesses and diseases are caused by germs.

- The student will understand how to protect oneself from illnesses and communicable diseases (universal precautions).

So that students will:

- Wash or sanitize their hands before eating, after using the bathroom, and after blowing their nose.
- Practice good hygiene to protect themselves and others from infection.
- Avoid touching someone else's blood; tell an adult, use a barrier.

Grade 3 ~ RELATIONSHIPS

- Students will identify and appreciate ways that he/she is unique and special.
- The student will be able to recognize the importance of family in shaping values, habits, and attitudes.
- The student will recognize that families are made up of people who love and care for one another.
- The student will realize that there are responsibilities involved in family relationships.
- The student will recognize that families can change.
- The student will recognize that all family members share some of the basic concerns, feelings, and attitudes.

So that students will:

- Show respect for self and others.
- Discuss family standards for decision making with their parent/guardian/trusted adult.
- Recognize that families are made up of people who love, care and support one another.
- Understand the role and responsibility of being a family member.

