

Engage | Learn | Improve

Human Growth and Development is taught in a multiple day unit. However, objectives under the topic "relationships" are taught throughout the school year within the guidance curriculum. To facilitate discussion in a comfortable setting, boys and girls are taught the asterisked (*) objectives separately. We encourage families to discuss these topics and have included the objectives below.







3rd Grade

Grade 3 ~ PERSONAL HEALTH - Reproductive System & Hygiene

- The student will understand that family is the first resource in understanding human growth and development issues.
- The student will identify external body parts to correct inappropriate language.*
- The student will recognize and name the basic parts of the body using proper terminology (buttocks, vulva, penis, breasts).*
- The student will recognize physical differences between male and female appearances.*
- The student will define puberty and tell when it occurs in boys and girls.*
- The student will recognize that each individual will have his/her own rate and timetable of growth.*
- The student will realize that "growth spurts" may occur during the period of adolescence.
- The student will learn that personal responsibility for hygiene promotes health and well-being.
- The student will learn which daily habits are needed for good hygiene.
- The student will realize that personal hygiene enhances self-concept, shows respect for self, others, and increases the respect others have for you.

So that students will:

- Discuss concerns about growing up with a parent/guardian/trusted adult.
- Have a good self-concept about themselves
- Take care of their body.

<u>Grade 3 ~ DISEASE PREVENTION - Universal precautions</u>

- Students will discuss what germs are and identify ways that they are spread.
- Students will understand reasons for not sharing hats, combs, clothes, and beverage containers.
- Students will discuss that some illnesses and diseases are caused by germs.

 The student will understand how to protect oneself from illnesses and communicable diseases (universal precautions).

So that students will:

- Wash or sanitize their hands before eating, after using the bathroom, and after blowing their nose.
- Practice good hygiene to protect themselves and others from infection.
- Avoid touching someone else's blood; tell an adult, use a barrier.

Grade 3 ~ RELATIONSHIPS

- Students will identify and appreciate ways that he/she is unique and special.
- The student will be able to recognize the importance of family in shaping values, habits, and attitudes.
- The student will recognize that families are made up of people who love and care for one another.
- The student will realize that there are responsibilities involved in family relationships.
- The student will recognize that families can change.
- The student will recognize that all family members share some of the basic concerns, feelings, and attitudes.

So that students will:

- Show respect for self and others.
- Discuss family standards for decision making with their parent/guardian/trusted adult.
- Recognize that families are made up of people who love, care and support one another.
- Understand the role and responsibility of being a family member.

