



Recreational Class

Covid-19 Policies and Procedures

Gymnastics World

Our Commitment to Safety

Gymnastics World is committed to the health and safety of our families and communities.

In with the Experts

We are in constant contact with authorities and experts to align our policies and procedures with their guidance.

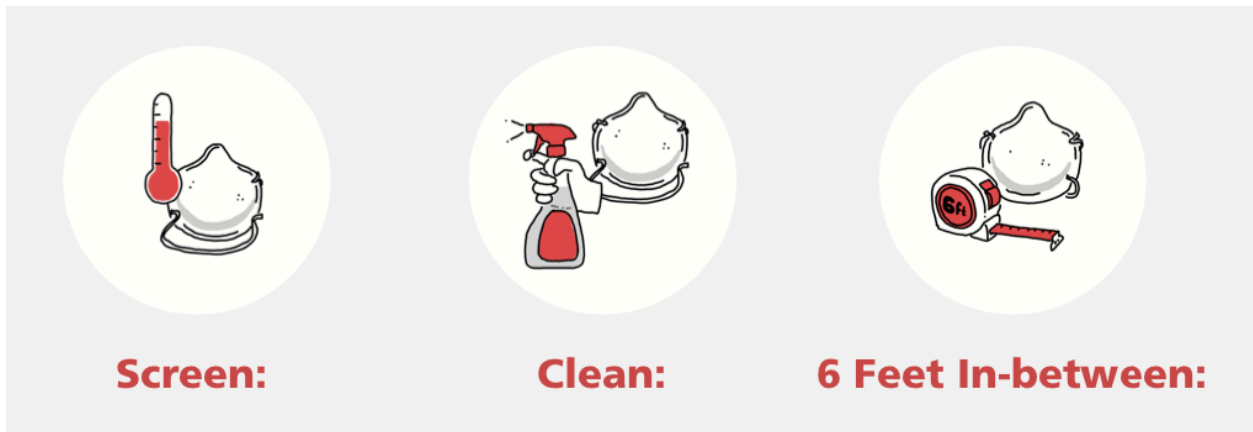
Going above and beyond

All Gymnastics World facilities have been treated with [MicroShield360](#) to further limit surface spread diseases.

Additionally, GWB staff routinely uses Evaclean Purtabs and Neutral-Q disinfectant cleaner on all gymnastics surfaces and throughout parent viewing areas, lobby, and bathrooms.

Everyone entering the building is asked to use hand sanitizer at the front entrance, and we have several hand sanitizing stations conveniently located throughout the building to help minimize the spread of disease.

Facility Guidelines



Safety/Cleaning Stations

- ❑ Safety stations have been set up throughout the buildings that include sanitizer for athlete use.
- ❑ Cleaning stations are set up in each area throughout the facility for staff.

Cleaning Schedule

- ❑ All hard and soft surfaces are being sanitized between scheduled class times utilizing CDC approved solutions and ionizing guns.
- ❑ The facilities have been split up into areas that will keep sanitation records of each area.

Drinking Fountains

- ❑ Drinking fountains have been blocked off or removed.
- ❑ Students and staff will be responsible for bringing their own water bottles.

Physical Distancing

- ❑ Signage has been set out to direct the flow of traffic coming in and out of the buildings.
- ❑ Certain areas in the gyms will be closed off to all and have been taped off for guidance.

- ❑ Students will follow designated pathways once inside the building.
- ❑ Lesson planning will eliminate partner and group activities and will be modified to insure safe and proper distancing.
- ❑ Classes will be staggered and class size will be reduced to limit congestion in the common areas.

Equipped Employees

Wellness Policy

- ❑ Our employees are subject to wellness checks each day. (Wellness policy defined in athlete guidelines)
- ❑ We are following all PPE requirements by the Ohio Department of Health
- ❑ Please refer to our [Health Assessment](#) and know your “number” prior to arriving at the gym.

Sanitizing/ Hand Washing

- ❑ Staff will wash/sanitize hands prior to and at the conclusion of class and practices and in between rotations.

Spotting Guidelines

- ❑ Staff will have limited contact with children during class.

Staff Training

- ❑ Our Staff is thoroughly trained on establishing and maintaining distancing and sanitizing standards.
- ❑ Staff will follow all PPE requirements set by the Ohio Dept of Health.

GW Phases of Reopening

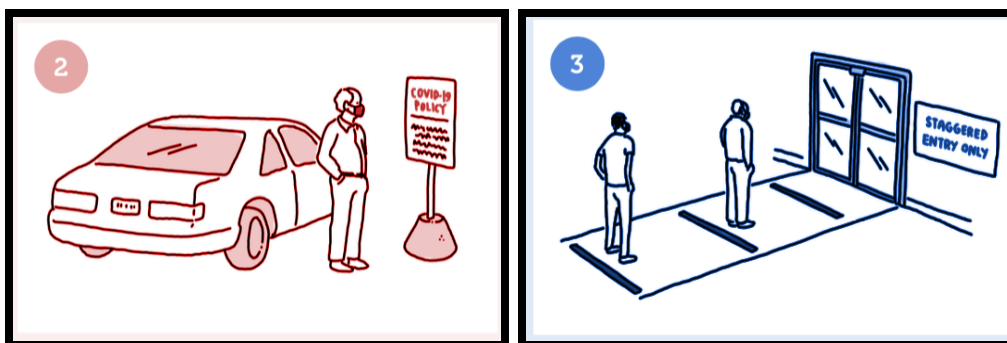
Phase-In Process

Gym World has a comprehensive set of policies and procedures with three phases of reopening - each phase mandates different degrees of precaution and safety, from Phase 1, the most controlled, to Phase 3, our 'back to normal' level. New policies and procedures will be sent out upon entering a new phase.

Classes

- ❑ Customers will need to register for new classes, as class times have been adjusted to accommodate distancing guidelines and ratios.
- ❑ Lesson planning will reflect 6' - 12' physical distancing between individual students and instructors.
- ❑ During the phase-in periods, equipment may be limited. With this being said, Gym World will do everything to make sure that all students receive equal time on the equipment.

Entering and Exiting the Building



Entering the Building

- ❑ Families are asked to arrive no earlier than 10 minutes prior to the start of class / practice. Please remain in your car until that time.

- ❑ Per the Ohio Department of Health order, anyone 2 years old and older entering the building must wear a facial covering at all times that cover the nose, mouth, and chin.
- ❑ ONE (1) Parent (if needed or for our 3/4-year-old parent assisted class) and athlete will line up at the front door to go through our safety station where their temperature will be taken, shoes removed, and hands sanitized upon entering the building.
- ❑ Parents of Preschool students ages 4 & 5 will escort their child inside and remain with them during check-in and proceed to the viewing area while students are directed to the floor.
- ❑ Rainbow/Lightning students may be dropped off for class. They will be directed inside where a staff member will take attendance and direct the athlete to a designated area on the floor.
- ❑ All locker rooms and changing areas are closed. Please have your athlete dressed for class prior to arrival.

Exiting the Building

- ❑ At the end of class, students will make a final trip to the Sanitization Station.
- ❑ Rainbow/Storm/Lightning parents may park in our parking lot and wait by their cars for students to exit the building. If you do not feel comfortable having your child cross our parking lot on their own, please head to the designated parent waiting area in front of our building to meet your child after class.

Athlete Guidelines

Wellness Policy

The wellness policy is a commitment to adhere to self-assessments including temperature checks, physical distancing, and 24 hours of no-symptoms to participate in programs at Gymnastics World.

Face Coverings

- ❑ Students must wear masks when entering and exiting the building and during all non physical activity (waiting for class to start, visiting the bathroom, visiting the lobby/pro-shop).
- ❑ Facial coverings should not be removed during class or practice except when participating in high level skills causing exertion.

Temperature Checks

- ❑ Students will have their temperature taken with a Temporal Scanner, our “Magic Mirror” upon entering any Gym World location. Be sure to talk with your students about this step so they are prepared. We aim to make this as stress-free for them as possible.
- ❑ If the temperature is above 100.4, the athlete will be asked to leave.
- ❑ If the first reading is just under 100.4, we will wait 10 minutes and rescan to allow for body temperature adjustment.

Hand Washing and Sanitizing

- ❑ Students will be required to sanitize their hands upon entry to the facility.
- ❑ Students will be required to wash or sanitize hands after each rotation.

What to Bring to Class

- ❑ Students should bring a small bag that will fit their shoes and a water bottle.
- ❑ Students should bring 1 filled water bottle clearly marked with their name.
- ❑ Students should bring a clear ziplock bag that can hold their shoes.

What to Wear during Class

- ❑ Students are asked to come dressed for class as locker rooms are closed at this time.
- ❑ Leotards are great! Younger students and Tumbling class participants may wear shorts and t-shirts if they desire. No shoes, socks, or jewelry during class. Hair should be in a ponytail so it is not getting in their face.

Parent Guidelines

Parent Viewing

- ❑ At this time, parent viewing will be extremely limited and granted only to those who need to accompany their student while at class. Please notify the front desk if you feel your athlete needs you in the gym so that we can properly prepare a designated viewing space.
- ❑ Parents that need to enter the building for whatever reason, are required to wear a face covering in compliance with the Ohio Department of Health guidelines. Thank you for understanding that this is for the safety of our students and staff.
- ❑ All GWB staff is required to ask that everyone entering the facility wear a face covering. Those who do not wish to comply will be asked to contact Gymnastics World ownership or legal counsel. Thank you for understanding that this is for the safety of our students and staff.