Cooking Bracha
By Leah Koenig & Anna Stevenson

“Blessed are You
Creator of the world
Who brings forth fruit from the Earth.
Blessed are You,
Who gives us knowledge of cooking, and time to cook
And who has blessed us with the need for nourishment
so that we can fully understand Your gifts.
May it be Your will
That the food that I cook
Bring nourishment, fulfillment, and happiness
to those who eat it
And bring honor to the land and all the people that make
this meal possible.”