

Varsity & JV Soccer Captain

August 10, 2026

The following is the process for captain selection. If you have been a captain in the past, you still follow this procedure.

- 1.) If you are interested in becoming a captain you need to submit a letter of interest to your coach on or before Friday's (August 14) practice. The letter **MUST** be TYPED and should include why you are interested in becoming a captain and why you feel you would make a good captain. In other words, sell yourself. An emailed copy is also acceptable. Tell the coach that you have done this.
- 2.) Step two is an interview for each applicant. Individual interviews will be scheduled for some time in August after tryouts. These will last about 5 minutes, during practice/pregame.
- 3.) Captains could be selected by a committee. Depending on the interview schedule, captains will be announced following the interviews.

What we are looking for in captains (from the website www.proactivecoaching.info):

- 1.) Be the first to lead by example and the last to violate team standards
- 2.) Be the first line of communication between coach and team and be the last to withhold information
- 3.) Be the first to praise others and the last to brag or draw attention to yourself
- 4.) Be the first to protect and defend and the last to criticize
- 5.) Be the first to confront violations of team standards and the last to ignore problems
- 6.) Be the first to encourage and the last to become discouraged
- 7.) Be the first to serve and the last to be served

If you have any questions, comments, or concerns please don't hesitate to contact us. (Huizenga 248- 534-9420).

Many times players are unsure of their placement to a roster. By submitting the application letter to become a captain, it will not influence the decision of placement to a certain roster. Meaning if you feel you would be a good candidate for captain on the JV and you feel you might make the varsity roster, submit the letter anyway in the event you are selected to the JV. It will not influence the decision for your placement on the rosters.

Thanks, Coaches