Additional Tips

1. For point-of-care tools such as **StatPearls**, use the <u>UpToDate example</u>.

Goyal, R., Singhal, M., Jialal, I., & Castano, M. (2023, June 23). Type 2 Diabetes (Nursing). *StatPearls*. Retrieved September 15, 2025, from https://www.ncbi.nlm.nih.gov/books/NBK568737

- 2. For MedLinePlus pages:
- a. No named author:

MedlinePlus. Exercise for older adults. (n.d.). U.S. National Library of Medicine.

https://medlineplus.gov/exerciseforolderadults.html

Or Exercise for older adults. (n.d.). MedlinePlus, U.S. National Library of Medicine.

https://medlineplus.gov/exerciseforolderadults.html

b. Author or updated by (not reviewers):

Berman, J. (2025, February 5). Health screenings for women ages 40 to 64. MedlinePlus.

https://medlineplus.gov/ency/article/007467.htm

Or Health screenings for women ages 40 to 64. (2025, February 5). MedlinePlus.

https://medlineplus.gov/ency/article/007467.htm

3. For MyPlate.gov:

MyPlate. (n.d.). Older adults. U.S. Department of Agriculture.

https://www.myplate.gov/life-stages/older-adults

U.S. Department of Agriculture and U.S. Department of Health and Human Services. (2020, December). *Dietary guidelines for Americans, 2020-2025* (9th ed.).

https://www.dietaryguidelines.gov/sites/default/files/2021-03/Dietary Guidelines for Americans-2020-2025.pdf

4. For a webpage (*What should I eat?*) that is part of a bigger project (The Nutrition Source), the information is provided by a University department, and there is no author:

The Nutrition Source. (n.d). What should I eat? Harvard T.H. Chan School of Public Health.

https://nutritionsource.hsph.harvard.edu/what-should-you-eat/?

More info:

- Webpage on a Website References
- Nursing Student References
- APA In-Text Citations