

- “28 Days To A Client” -




The Real War Mode Day Plan + Report.

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1. <input checked="" type="checkbox"/> / <input type="checkbox"/>	1 ▾	Find 10 Prospects
2. <input checked="" type="checkbox"/> / <input type="checkbox"/>	1 ▾	Write FV for prospects
3. <input checked="" type="checkbox"/> / <input type="checkbox"/>	1 ▾	Gym
4. <input checked="" type="checkbox"/> / <input type="checkbox"/>	1 ▾	Affirmations and meditation
5. <input checked="" type="checkbox"/> / <input type="checkbox"/>	1 ▾	Review 10 pieces of student copy
6. <input checked="" type="checkbox"/> / <input type="checkbox"/>	1 ▾	Analyze 3 landing pages
7. <input checked="" type="checkbox"/> / <input type="checkbox"/>	1 ▾	Create a routine writing schedule
8. <input checked="" type="checkbox"/> / <input type="checkbox"/>	1 ▾	Work
9. <input checked="" type="checkbox"/> / <input type="checkbox"/>	2 ▾	Roleplay sales calls
10. <input checked="" type="checkbox"/> / <input type="checkbox"/>	2 ▾	Clean my area, no more sloppiness
11. <input checked="" type="checkbox"/> / <input type="checkbox"/>	2 ▾	Write 1 email sequence
12. <input checked="" type="checkbox"/> / <input type="checkbox"/>	2 ▾	Write 1 landing page
13. <input checked="" type="checkbox"/> / <input type="checkbox"/>	2 ▾	Reflect on my daily actions and optimise
14. <input checked="" type="checkbox"/> / <input type="checkbox"/>	3 ▾	Make them regret it
15. <input checked="" type="checkbox"/> / <input type="checkbox"/>	3 ▾	
16. <input checked="" type="checkbox"/> / <input type="checkbox"/>	3 ▾	
17. <input checked="" type="checkbox"/> / <input type="checkbox"/>	3 ▾	
18. <input checked="" type="checkbox"/> / <input type="checkbox"/>	3 ▾	
19. <input checked="" type="checkbox"/> / <input type="checkbox"/>	3 ▾	
20. <input checked="" type="checkbox"/> / <input type="checkbox"/>	3 ▾	

Day Number: 1







Date: 14/03/13

Start Of The Day - Time: 4 Am

	 3 Things That I Am Excited To Have In The Future? 
1.	A powerful and meaningful network of valuable people
2.	A full wallet
3.	A very applicable skill I can use anywhere I go

Hour-By-Hour **Tracking:**

[Track+Measure=Improve]

 Task:	 Task = Set The Task That I Intend To Complete This Hour?
 Intention:	 Intention = What Is My Plan Of Action To Complete This Task For This Hour?
 Reflection:	 Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

My War Mode Words:

1. I Am Acting With No Limits To My Abilities!

2. I Am Being All That I Can Be, Every Hour And Every Day!

3. Every Word I Am Saying And Thought I Am Thinking Is Positive!

4. I Am Being Enthusiastic About Completing Each Task!

5. I Am The Best Copywriter In The World!





**(Delete Any Boxes Below That Are Before
The Time That You Start Your Day In Your
Own Copy)**


\$ 1 am: Task \$	
🔔 Intention 🔔	
✍️ Reflection ✍️	





\$ 2 am: Task \$	
🔔 Intention 🔔	
✍️ Reflection ✍️	





\$ 3 am: Task \$	
🔔 Intention 🔔	
✍️ Reflection ✍️	




\$ 4 am: Task \$	Wake up, head to the gym
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 Intention 	
 Reflection 	







 5 am: Task 	Continue working out
 Intention 	
 Reflection 	




 6 am: Task 	Find 10 prospects
 Intention 	
 Reflection 	







 7 am: Task 	Write 1 landing page
 Intention 	
 Reflection 	

 8 am: Task 	Write 1 email sequence
 Intention 	
 Reflection 	

 9 am: Task 	Review student copy
 Intention 	
 Reflection 	

 10 am: Task 	Analyse 3 landing pages
 Intention 	
 Reflection 	

 11 am: Task 	work
 Intention 	
 Reflection 	

 12 am: Task 	
 Intention 	
 Reflection 	

\$ 1 pm: Task \$	
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 2 pm: Task \$	Reflect on work and how I can apply mis discipline to all my other tasks
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 3 pm: Task \$	Review student copy
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 4 pm: Task \$	Write 1 hso, dic, pas email
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 5 pm: Task \$	work
🔔 Intention 🔔	

 Reflection 	
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 6 pm: Task 	
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 Intention 	
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 Reflection 	
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 7 pm: Task 	
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 Intention 	
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 Reflection 	
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 8 pm: Task 	
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 Intention 	
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 Reflection 	
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 9 pm: Task 	
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 Intention 	
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 Reflection 	
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\$ 10 pm: Task \$	Make dinner
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 11 pm: Task \$	
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 12 pm: Task \$	Bed
🔔 Intention 🔔	
✍️ Reflection ✍️	



End-Of-The-Day Report:





🧠 What Did I Learn Today? 🧠

<div><div>NEW</div><div>What Do I Plan To Do Differently Tomorrow?</div><div>NEW</div></div>

<div><div>NEW</div><div>What Do I Plan To Do The Same Tomorrow?</div><div>NEW</div></div>

<div><div></div><div>Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With?</div><div></div></div>

<div><div></div><div>What Tasks Were Left Undone?</div><div></div></div>

Brain Dump: