

## **Berries with Orange Sauce**

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Recipe: 4 servings

In a large bowl, combine 1 cup each of fresh blueberries, raspberries, and sliced strawberries to make 3 cups of fruit. Make sure fruit has been washed and dried before mixing.

Orange Sauce:

- 1 5.3 oz. container of low-fat Greek vanilla or coconut yogurt with thick consistency, (ex: Oikos, Siggis)
- 1 tsp. of orange zest
- 1 ½ Tbsp. freshly orange juice.
- 1 tsp. orange liqueur (optional)

Blend ingredients of sauce until smooth. Place ½ of the mixed fruit in 4 small dishes (about ⅓ cup in each dish), add 2 Tbsp. of orange sauce on each. Divide the remaining mixed fruit to each dish and top with 2 Tbsp. sauce. Garnish as desired with your choice of extra fruit, orange zest, mint leaf, or slice almonds.