

CENTER FOR Courage & Renewal



The [Courage to Teach® Approach](#) is an opportunity to explore your own sense of identity, purpose, and calling in the teaching life; to reweave the deep connection between what you do and who you are, and to renew your capacity to live and work from a place of wholeness and authenticity. [Courage to Teach retreats](#) center on personal exploration of the inner teacher: [The Heart Of A Teacher Identity and Integrity in Teaching by Parker Palmer](#). Courage to Teach programs focus on developing a [Circle of Trust](#) and [adult relational trust](#) in learning communities. To learn more about how schools with high levels of adult relational trust are far more likely to help students raise achievement read about [Anthony S. Bryk and Barbara Schneider | Trust in Schools: A Core Resource of Improvement \(2002\)](#).

[Rona Zollinger, PhD](#) offers a variety of [Courage and Renewal](#) opportunities for educationally focused learning communities and for learners of all kinds:

1. Retreat-type offerings - Courage to Teach:

- The [Courage to Teach® Retreat](#) is an opportunity to explore your own sense of identity, purpose, and calling in the teaching life; to reweave the deep connection between what you do and who you are, and to renew your capacity to live and work from a place of wholeness and authenticity.
- Courage to Teach retreats centered on personal exploration of the inner teacher: [THE HEART OF A TEACHER Identity and Integrity in Teaching by Parker Palmer](#)
- Retreats focus on developing a [Circle of Trust](#)
- Weekend retreats are generally held at a retreat center.
- Prices depend on retreat center costs
- Options include:
 - 1.5-hour Zoom introduction to a weekend
 - 1-day introduction experience
 - Stand-alone weekend introduction retreat
 - 4-5 weekend retreat series (generally following the seasonal patterns of nature or themes)
 - Retreat participants invited to Touchstone Connection Zoom sessions (1.5 hours) post-retreat for cohorts that want to stay in the community

2. In-school professional development - Leading Together:

- Focused on building adult relational trust inside of school cultures
- Overviews of Leading Together
 - [4 R's of Leading Together](#)

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- [Leading Together Brochure](#)
 - [Leading Together Posters](#)
- Leading Together Modules and Basics:
 - [Leading Together 4 Modules and Overview](#)
- Options Include:
 - 1-hour staff introduction meeting experiences
 - Pre-assessments of school culture
 - Full-day professional development with leadership teams
 - Full-day professional development with all school
 - Year-long series of professional development experiences integrating the 4 modules in ways that support where the adults are in relational trust