

## **The Winter Business Growth Implementation Academy**

Are you worried that all your time will be taken up with winter activities and you won't have any time to work on your business?

You're wondering how this year has gone so quickly and you've still got different lists on various scraps of paper to complete by Q2.

You know you need the accountability to get really focused and get your admin up to date before spring.

While you want to get ahead, you haven't begun to map out how you want the rest of the year to pan out from a personal or business perspective.

Your brain is tired of trying to work out how you're going to juggle the kids, homelife, and grow your business.

### **There's hope — 2022 can be wildly different, let me show you how.**

You're ready to start every day knowing exactly what priorities to focus on.

You'll be excited to have structure and a easy to follow plan

You no longer feel the resistance when it comes to sitting down at your desk, you know what you need to work on and you're enjoying the process

You're so excited to have structure and a easy to follow plan

You're excited to scale your business, celebrating your next win feels so obtainable

### **The 10 week Business Growth Implementation Academy is what you need.**

I'll help you to PLAN, PRIORITISE, get ORGANISED and IMPLEMENT what you've been putting off for ages.

I'm Eleshia, a Holistic business growth and implementation coach. I work with female entrepreneurs. I help them get super focused and stay on track so that they can gain the confidence to turn their desires into business growth without burning out.

**As a result of joining this programme you'll:**

- Feel in control of your plans for the next 90 days and beyond, helping you make progress and gain momentum
- Have a solid roadmap to follow to continue to see business growth
- Finally feel like you've got procrastination under control giving you space to feel excited about the next steps for your business
- Feel excited about having your business running smoother with a steady source of money coming in
- Finally, feel happy that you've made space to have some free time for YOU while seeing your business grow

**You can have a thriving business and be healthy at the same time, you don't need to choose.**

Here's a run down of everything you'll get when you sign up for the **Business Growth Implementation Academy**.

- **A 90-minute group planning session** to get clear on your goals and desires for the next 10 weeks (Value £215)
- **4 x Get Unstuck and Implement Power Hour sessions** - These sessions will help you to focus on what may be keeping you stuck, help you to gain clarity on your desired goals and keep your plans moving. You'll get the opportunity to get fast action coaching to ensure you stay on track. (Value £1000)
- **20+ hours of Co-Working** - It can be lonely working on your dreams alone, so why not join these sessions to feel a sense of community whilst you get your work completed? (Value priceless, these sessions are truly magical and you'll be in the company of some powerhouses sharing their expertise. If I had to put a price on these, it would be worth £££££)
- **A Review and Reflection Session** - In this session, we'll celebrate your wins, discuss next steps and make sure you're ready to step into your next 90 days. (Value £215)

- **Productivity Momentum Session** - Hear from a special guest who will share tips for you to action to give your productivity an extra boost (Value £295)

**Because I want to make sure you're fully equipped you'll get access to these additional bonuses (value over £1000)**

- **Implementation hub** - I want this to be super easy for you so you'll have a dedicated login, where you'll find all your templates, workbooks, calendar invites and session recordings all in one place.
- **Planning Session Workbook** - No more writing all of your plans on scrap pieces of paper. This workbook will help you map out of your goals, tasks, desires, and dreams and keep them altogether!
- **3-month life and business plan template** - Capture your tasks for the next quarter and print out this template so you can see it daily to keep you on track.
- **Review and reflection workbook** - Let's celebrate your wins and reflect on your lessons to help you to continue to see how far you've come.
- **Content batching template and a workshop to get you started** - Are you using different methods to create all the content you're putting into the world? Make it simple, use this one template to keep you focused and organised.
- **SOS coaching session** - Need some additional 1 on 1 time? I've got you. Ask any business, marketing and wellbeing questions to help you move forward if you've been stalling or feeling stuck.

You've read all the books, listened to the podcasts, and even taken all the courses. You're so ready to take action on everything that you've learnt. This programme will help you stop procrastinating, get to planning and implementing those amazing business growth goals so you can start celebrating more business and personal wins.

I'm not going to be the only one cheering you on... You'll be part of a community of like minded business owners who also want to see you win.

**That's a total value of over £5,875 for only £995 (when you pay in full)**

I want you to roll into the new year inspired and clear on what you're offering for the months ahead so you stay out of the overwhelm and anxiety cycle.

Here's our weekly schedule in GMT.

#### Week 1

- 90 minute Opening Planning Session - Tuesday 11th Jan - 12.30pm -2.00pm
- 2 hour Coworking Session - Thursday 13th Jan - 1.30pm - 3.30pm

#### Week 2

- Get Unstuck Power Hour - Tuesday 18th Jan - 2.00pm - 3.00pm
- 2 hour Coworking Session - Thursday - 12.30pm - 2.30pm

#### Week 3

- 2 hour Coworking Session 2 - Monday 24th January - 6.00pm - 8.00pm
- 2 hour Coworking Session 1 - (2.5 hours, we will check our plan timeline statuses in the last 30minutes) Thursday 27th - 1.00pm - 3.30pm

#### Week 4

- Co-Working Session - Tuesday 1st February - 2.00pm - 4.00pm
- Get Unstuck Power Hour - Thursday 3rd February - 2.00pm - 3.00pm

#### Week 5

- Coworking Session - TBC
- Productivity Session 1/2 way through... Momentum Sustaining TBC

#### Week 6

- Coworking Session - TBC
- Get Unstuck Power Hour - TBC

## **Holiiiiidaaaaay (we have half term in the UK)**

### Week 7

- Review & Reflect - TBC
- Coworking Session - TBC

### Week 8

- Coworking Session - TBC
- Get Unstuck Power Hour - TBC

### Week 9:

- 2 hour Coworking Session -TBC
- 2 hour Coworking Session - TBC

### Week 10

Tuesday - Pulling It Together coworking session -TBC  
Sweet endings celebration session -TBC

## **Are you ready to take back control and make 2022 amazing?**

### **Perfect**

#### **Here's how to get started**

- Click this [BUY NOW](#) button and make your payment
- Once you've made payment you'll receive a welcome email from me, detailing all the instructions you need to get started.
- Then on January 11th we'll start to plan out your dreams in our 90 minute planning session.

Have any questions email me here [info@eleshialifestyle.co.uk](mailto:info@eleshialifestyle.co.uk) or book in to have a [chat](#)

***Here's some questions that you may have:***

**How long is the programme?**

10 weeks

**Is the programme in person or virtual?**

It's all virtual and I'll be hosting all sessions via zoom. You'll receive all zoom links once you've signed up.

**What if I can't make the live sessions?**

The Planning, review and reflection and power hour sessions will be recorded, however the co-working sessions will not be as it's important you are present so I can help you stay focused.

**How do I know this implementation programme is right for me?**

Brilliant question. The programme is right for you if you really want support with staying on track, you want to get ready for 2022, you want to move at a fast pace as you have limited time but you want accountability to get your work done to keep you focused.

**I'm not in the UK, are the times of the sessions flexible?**

I currently accommodate GMT, Eastern, Central and Pacific time zones. Sessions will take place on Monday, Tuesday or Thursday's each week.

**How can you guarantee I implement my goals?**

I can't, It's up to you, you'll get what you put in. I'll provide you with the structure to make it happen but ultimately you are the boss of you. I want this for you but you have to want it more.

I still get giddy listening and reading some of the feedback and results from the previous participants who took part in when we did this in the summer.

**Here's what they had to say:**

*Thanks to Summer Academy, I was able to achieve all the things that business procedures would have taught me, but we did it conceptually instead, by looking at business from a holistic perspective - and I still achieved my goals. I was able to truly have a life and also accomplish everything I needed to do.*

*I'm so grateful that I didn't let my initial idea of what it was or wasn't going to be, stop me from attending."*

**Brooke Siler - Author, Pilates Teacher and creator of the Tensatoner**

*"Accountability was always something I wanted more of in my life. But I was sick of the 'one size fits all' approach. I knew that Eleshia would offer me something different- creating a personalised approach that would help me believe in myself and push further towards my goals.*

*"What I got was even better than I expected. Although I was sick halfway through, I still felt like I got the most from our sessions. I enjoyed the accountability and camaraderie as well as your professionalism and your attention to detail.*

*"Now I've got a very clear idea of what works for me and I'm putting it into action!"*

**Mairi Taylor Your Wellbeing Guide  
Powered by crystals, oils, juice and cacao**

*"Working with Eleshia gave me new perspectives, great tips and tricks for business operations and a great friendship!*

*"Since we started working together, I've launched a podcast, developed digital products, completed three speaking engagements and contributed to two books!*

*"I loved your positivity, organisational skills, optimism and disciplined approach and would recommend your services to any busy female business owner who needs help in structuring their schedule, clarifying their vision, and implementing their plans."*

**Nikki Rogers, CEO and Managing Director, Bladen Group**

**Space is limited to 10 participants**

**If you're ready to start 2022, with clarity and focus [sign up here](#)**

**[NOW](#)**

