# **Bloomingdale Youth Soccer League: Fall 2018**

### **Description of the League**

We are excited to build on the foundation of our Bloomingdale Toddler Soccer league and introduce a new activity aimed at kids ages 5 - 8 years old. This is not a soccer league in the traditional sense because we will not have set teams or formal games, but will have a series of drills followed by intra-squad scrimmages or competitions, depending upon the number of participants. We will work on dribbling, passing, shooting and working as a team. Also, as with toddler soccer, there is **no fee to participate**, but we ask that everyone bring a soccer ball and help to lead the program. We will meet up Sundays in a nearby neighborhood location (likely either Harry Thomas park or New York Avenue park). This is a pilot October/November season of soccer to gauge interest and see how it works with kids who are ready for soccer games, with more skills-based coaching targeted at older kids.

#### Signing Up

To get started, fill out this form by **Wednesday**, **October 10** to give us an idea of what sessions you are interested in, ways that you can volunteer, equipment that you are willing to share during the season and the best way to communicate with you during the season.

## **Preparing for Soccer on Saturday**

- 1. Bring a soccer ball with your child's name on it size 3 is recommended.
- 2. Bring water and sunscreen for your child.
- 3. No special uniform or shoes are necessary. (But feel free to bring cleats, shin guards or other equipment if you have it)
- 4. Plan to stay with your child the whole time and help the coaches with activities.
- 5. Make sure to leave no trace pick up all trash and belongings at the end of soccer

#### Questions?

Contact bloomingdalesoccerstars@gmail.com.

#### Goal of the League

- 1. To build additional social-emotional growth opportunities for Bloomingdale youngsters by encouraging fun with coaches and peers in semi-organized outdoor physical activity.
- 2. To spark some budding love for one of the most accessible and popular sports in the world.
- 3. To create a convenient and low-cost group activity within our community.
- 4. To further strengthen the Bloomingdale family community.

#### **Quick Dates**

Date	Activity
Wednesday, October 10	Deadline to sign up for Fall 2018 Bloomingdale Youth Soccer
Sunday, October 14, 1:00pm	First session of Fall 2018 Bloomingdale Youth Soccer
Sunday, October 21, 1:00pm	Regular session of soccer

Sunday, October 28, 1:00pm	Regular session of soccer
Sunday, November 4, 1:00pm	Last planned session; possible extension TBD

### **General Outline**

- 1. 4 weeks on Sundays from 1:00pm in Bloomingdale, location to be confirmed
- 2. **2 4 consistent volunteer coaches for the entire 4 week season -** Goal is that we share responsibility amongst people who have some soccer expertise and that we have consistent coaching for that time.
- **3.** Typically, each week will include:
  - a. Stretches
  - b. Around 30 minutes of drills
  - c. 20 30 minutes of scrimmage

### **Volunteer Needs**

- Providing equipment
  - Need 2 goals and cones each week
  - Nametags
  - Pinnies
  - Anything else useful/necessary for planned activities
- Snacks to share
- Photographers
  - Helps document the season
- Anything else that you think would be helpful!